Kansas Health Care Association & Kansas Center for Assisted Living

Proudly Presents

64th Annual Convention & Trade Show

Pack a bag...

...It’s time to stamp your Passport to Quality!!

October 22–24, 2014

Hyatt Regency / Century II Convention Center, Wichita
If you have any questions regarding our 64th Annual Convention or Trade Show, please contact the KHCA/KCAL office at (785) 267-6003, email us at khca@khca.org, or visit our website at www.khca.org.

If you require special aids or services, as identified in the Americans with Disabilities Act, please contact the KHCA/KCAL office by phone at (785) 267-6003, at least 10 business days prior to the event.
“Certainly, travel is more than the seeing of sights; it is a change that goes on, deep and permanent, in the ideas of living.” -- Miriam Beard

Why does a person travel? Some travel to explore new sights, some to make connections, and some to simply get away for a recharge.

The Kansas Health Care Association and the Kansas Center for Assisted Living would like to invite you to travel with us as we embark upon this year’s journey—October 22 through October 24, 2014. This is no ordinary trip, mind you...this journey is all about Quality Care. As you progress throughout this, our 64th Annual Convention and Trade Show, you will make many worthwhile stops along the way. There will be new and exciting sights to discover, connections to make and restore, and above all, a chance to recalibrate and recharge in a world that’s constantly evolving.

When deciding a theme for our 64th Annual Convention and Trade Show, the KHCA/KCAL education committee decided on “Passport to Quality”. This encompasses everything that surrounds what we strive to give in our industry—Quality Care. We know you will enjoy this convention, but even more so, we hope you are able to recharge, reconnect, and rediscover what it is that makes our industry such a vital and important piece of society’s fabric: YOU. It is our goal for every single person in attendance to take something away with them when they go—a comprehensive idea of what goes into the best of Quality Care, and what they, as individuals, contribute to the Quality Care our residents deserve.

This year’s convention is bigger and better than ever, and we are privileged to have each and every one of you with us. Welcome Travelers, and don’t forget to have your Passports stamped.

All Aboard!!

Cindy Luxem

Pack a bag — it’s time to stamp your Passport to Quality!!
Convention Schedule At-A-Glance
(And Suggested “Dress Code” Information!)

Wednesday, October 22, 2014
(Wear your Company Logo shirts!)

1:30 - 2:30 PM Pre-Conference Participant Registration
2:00 - 5:00 PM Pre-Conference Session: Navigating the Journey of Good Dementia Care Without Drugs
6:00 - 8:00 PM Welcome to Wichita! Hospitality Event

Thursday, October 23, 2014
(Tacky Tourist Day!)

7:00 - 8:00 AM Participant Registration
8:00 - 8:50 AM MORNING PLENARY SESSION I - SNF - Peggy Connorton - Long Term Care TrendTracker (LTCTT)
8:00 - 8:50 AM MORNING PLENARY SESSION I - KCAL - Joe Ewert - HCBS Final Rule
8:00 - 8:50 AM MORNING PLENARY SESSION I - CLINICAL - Linda Farrar & Terry Pearce - Documentation
9:00 - 10:30 AM Convention Kick Off!! Featuring: Fred Benjamin, Cindy Luxem, Skip Yowell
10:30 - Noon TRADE SHOW
Noon - 2:00 PM Award Program Luncheon
1:00 - 5:00 PM Virtual Dementia Tour - SIGN-UP REQUIRED (At Registration Desk)
2:15 - 3:30 PM 2:15 BREAKOUT SESSION - ALL - Linda Farrar - Dementia (Part I)
2:15 - 3:30 PM 2:15 BREAKOUT SESSION - ADMINISTRATIVE - Susan Lang - Family Medical Leave Act
2:15 - 3:30 PM 2:15 BREAKOUT SESSION - CLINICAL - Pamela Scarborough - F314; MDS Section M (Part I)
2:15 - 3:30 PM 2:15 BREAKOUT SESSION - KCAL - Dave Kyllo - NCAL Update
3:45 - 5:00 PM 3:45 BREAKOUT SESSION - ALL - Linda Farrar - Dementia (Part II)
3:45 - 5:00 PM 3:45 BREAKOUT SESSION - ADMINISTRATIVE - Susan Lang - Fair Labor Standards Act
3:45 - 5:00 PM 3:45 BREAKOUT SESSION - CLINICAL - Pamela Scarborough - F314; MDS Section M (Part II)
3:45 - 5:00 PM 3:45 BREAKOUT SESSION - KCAL - Linda Kamerer - Gracious Dining - Let’s Eat!
3:45 - 5:00 PM ROUND TABLE DISCUSSION - KHCA/KCAL President & CEO Cindy Luxem
5:15 - 6:00 PM KCAL Meeting and Board Elections - KCAL MEMBERS ONLY
6:00 - 7:00 PM Medline Fashion Show and Hospitality
7:00 - 8:30 PM Special Screening of "Alive Inside: A Story of Music & Memory"

Friday, October 24, 2014
(Comfy-Casual Travel Wear!)

7:00 - 8:15 AM BREAKFAST BREAKOUT SESSION (AL, Res Care, Home Plus) - KCAL Breakfast - Dave Kyllo
7:00 - 8:15 AM BREAKFAST BREAKOUT SESSION (Nurses) - NAC Meeting & Breakfast - Business Mtg, Joan Hamel Winners; Judy Bagby
7:00 - 8:15 AM BREAKFAST BREAKOUT SESSION (Everyone) - General Session SNF Breakfast - Carol Sapp
7:00 - 8:15 AM BREAKFAST BREAKOUT SESSION (Independent Owners) - IO Breakfast - Jason Stroiman and Jeremy Stroiman
8:30 - 9:45 AM General Session - State of the State; Annual Business Meeting and Elections
10:00 - 11:30 AM General Session - Virtual Dementia Tour Wrap-Up; Tom Boyes - Quality Awards; KDADS Secretary Bruffett
11:30 - 1:15 PM TRADE SHOW with Lunch and Vendor Give-Aways!
1:30 - 3:20 PM General Session with Keynote Speaker Matthew Jones: "Healthcare is a Marathon"
3:20 - 3:30 PM Drawings and Give-Aways!
Please join us early for our Pre-Conference Session:

**Navigating the Journey of Good Dementia Care Without Drugs**

Wednesday, October 22, 2014  2:00—5:00 PM  (1:00 PM Registration)

*This is an extra ticket event, which offers 3.5 CEU’s in the area of resident care***

Have you met Linda Farrar? She is passionate about Dementia care. From understanding the individual and reaching them “at heart level” to providing care and services that bring purpose and joy to their lives, she is committed to helping caregivers get it right. Join Linda as she guides us through several different ways to make a difference in the lives of our elders.

Caring for those elders living with dementia can be challenging and rewarding at the same time. As caregivers, we strive to provide the best care and meet the needs of the individual, but sometimes we need guidance and resources to assist us. In this segment, you will learn about The Eden Alternative and how their teachings and principles can help you become a more successful caregiver to those living with dementia as well as those living without it. You will also learn about how becoming a part of the Eden Alternative family and joining the Eden Registry can help you and your organization become recognized and more successful—professionally as well as financially.

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**Eden Alternative**

Facilitated by: Michelle Gambrel

Music arouses feelings and emotions in a unique way. Unlike language, music touches our soul, connecting us with memories and events from our past. For each of us, music is personal. Music helps us remember, lessens anxiety, eases pain, increases endorphin levels, affects heart beat and blood pressure, and can generate a sense of safety and well-being. Let’s take a musical journey together and discover how music touches YOUR SOUL!!!

**Aroma Therapy**

Multiple studies have demonstrated a significant impact of aroma therapy for enhancing positive behaviors in patients with dementia, with negligible side-effects. In this session we will learn about the extensive number of aromas that can be used to assist elders with dementia to achieve moments of pleasure.

**Therapeutic Touch**

Touch is considered a core aspect of care provision and therapeutic relationships. Therapeutic touch allows nursing staff to facilitate healing and to build therapeutic relationships through touch or non-touch and maintain channels of communication often lost in dementia as the disease progresses.

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**Dementia Without Drugs**

Facilitated by: Linda Farrar

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**Music Is Magical**

A Place Where Soul Meets Soul

Facilitated by: Laura Richardson

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**Aromatherapy & Therapeutic Touch**

Facilitated by: Linda Farrar

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**Good dementia care is about reaching each elder at the heart level. Learn from the experts how to integrate behavioral interventions into excellent dementia care including music therapy, aroma therapy, therapeutic touch, art therapy and person-centered care.**
Quality care for those dealing with Alzheimer’s disease and related dementias begins with family members and professional caregivers who are sensitive, patient and kind. How can people be empathic when they have never experienced first-hand the physical and mental challenges facing those with dementia? Now, there is a way.

The Virtual Dementia Tour® — a scientifically proven method of building a greater understanding of dementia through the use of patented sensory tools and instruction — is your window into their world.

Created by P.K. Beville, M.S., an award-winning geriatric specialist and founder of Second Wind Dreams®, each edition of the Virtual Dementia Tour VDT® sensitivity training program comes with detailed instructions and patented devices that enable participants to gain a greater understanding of dementia.

In 2013, Second Wind Dreams received in excess of 314 million impressions in media markets throughout the world. Positive recognition has come from a variety of news outlets. The program and creator have been profiled by BBC, ABC News “NIGHTLINE”, the CBS Evening News, NBC’s “Three Wishes with Amy Grant”, HLN’s “Raising America” with Kyra Phillips, Canadian Broadcasting Company’s “The Nature of Things” hosted by David Suzuki and The Today Show.

SWD has also been profiled in industry publications such as Assisted Living Today, Retirement Communities Executive, McKnight’s Long Term Care News as well as the American Journal of Alzheimer’s Disease and Other Dementias, Care ADvantage magazine and Culture of Health.
Five million Americans suffer from Alzheimer’s disease and dementia -- many of them alone in nursing homes. A man with a simple idea discovers that songs embedded deep in memory can ease pain and awaken these fading minds. Joy and life are resuscitated, and our cultural fears over aging are confronted. Alive Inside: A Story of Music & Memory reveals a remarkable, music-based breakthrough that has already transformed lives. Spearheaded by social worker Dan Cohen and captured on camera over the course of three years by filmmaker Michael Rossato-Bennett, we learn that songs from a patient’s past can awaken memories and emotions that have been asleep for years, sometimes decades. Countless instances in Alive Inside provide proof that music stimulates activity in dementia-affected parts of the brain and transforms the quality of life of those often left to languish in silence.

A CALL TO ACTION!!!

BRING YOUR OLD OR UNUSED IPODS TO CONVENTION AND DROP THEM IN THE BOX AT THE REGISTRATION TABLE. WE WILL SEND THEM TO THE MUSC & MEMORY PROGRAM!

As smartphones become the norm, many people may find they have an old iPod (or five) lying around their homes. This year, the nonprofit organization Music & Memory is urging people to clean out their drawers and donate old iPods to a good cause: Bringing the joy of music to elderly people in nursing homes.

The organization will accept donations of both new and used devices, iTunes gift cards, iPods, iPod Touches or old iPhones. The only criteria is that the equipment must still be working. (And if you’ve lost the charger, it’s not a problem!)

We are thrilled to be able to bring this very special screening opportunity to you during our 64th Annual Convention and Trade Show. You will not want to miss this uplifting and inspirational experience!
Over 20 education sessions will be presented during the convention’s three days, offering attendees the latest management, leadership, teamwork strategies, and hands-on techniques for continued success in long term care.

Morning Plenary Sessions
Thursday, 8:00AM—8:50AM (7:00AM Registration)

SNF TRACK—Long Term Care TrendTracker (LTCTT)
Instructor: Peggy Connorton
It’s here! The brand new Long Term Care TrendTracker (LTCTT) is up and running, and KHCA will be the first State Association to learn how to use it. Join AHCA’s Peggy Connorton, LNHA, for a demonstration of the most powerful tool available to long term care communities committed to affecting change and moving the needle on quality measures and outcomes.

KCAL TRACK—HCBS Final Rule
Instructor: Joe Ewert
Assisted Living and Residential Care facilities who care for elders under the HCBS Waiver Program will want to join KDADs Commissioner Joe Ewert for an update on the state’s plan for implementation of HCBS Final Rule. From settings requirements to timelines on implementing changes, Commissioner Ewert will share what the agency knows at this point and what questions are still unanswered.

CLINICAL TRACK—Documentation
Instructors: Linda Farrar and Terry Pearce
This program explains WHY documentation is important, WHAT information is required when documenting the clinical record, and HOW particular issues affect documentation. This program will also cover helpful “Do’s and Don’ts” of documentation.

2:15 Breakout Sessions, Continued
Thursday, 2:15PM—3:30PM

ADMINISTRATIVE TRACK—FMLA
Instructor: Susan Lang
This program will familiarize you with the world of FMLA—who is eligible, how to document requests, typical violations found, and timing of notices and documents, as well as information on many other details.

CLINICAL TRACK—Wounds Part I: F314, MDS Sect M
Instructor: Pamela Scarborough
Content for this program will include information from the F314 component of the State Operations Manual used to guide surveyors in their survey process for pressure ulcer prevention and quality of care. In addition the program will cover the MDS M-Section with information from the RAI necessary for reporting. And lastly, this session will discuss the National Pressure Ulcer Prevention and Treatment content and how to use this national guideline, the F314 and the MDS 3.0 M-Section to frame your pressure ulcer prevention and treatment programs. All content is to assist in ensuring your pressure ulcer prevention and care program meets current standards of care and will stand up to regulatory scrutiny.

KCAL TRACK—NCAL Update
Instructor: Dave Kyllo
KCAL Members are in for a treat this year as Dave Kyllo, Executive Director of the National Center for Assisted Living returns to Kansas. So many issues on the national level have the potential of changing how Kansas homes do business. Join us for this very important update.

ALL—Dementia, Part I
Instructor: Linda Farrar
We will address the barriers Kansas facilities are facing during the attempt to meet and surpass the AHCA Quality Measure of improving dementia care including the reduction of the off-label use of antipsychotics for dementia care. Some of the those barriers include physician resistance to the initiative; family resistance to the reduction/elimination of medications; difficulties in convincing nursing staff related to the benefits of medication reductions; barriers to appropriate staff training in excellent dementia care.

2:15 Breakout Sessions, Continued
Thursday, 2:15PM—3:30PM

ALL—Dementia, Part II
Instructor: Linda Farrar
As we reconvene following the 2:15 session, we will continue to address the barriers Kansas facilities are facing during the attempt to meet and surpass the AHCA Quality Measure of improving dementia care including the reduction of the off-label use of antipsychotics for dementia care.

3:45 Breakout Sessions
Thursday, 3:45PM—5:00PM

ALL—Dementia, Part II
Instructor: Linda Farrar
As we reconvene following the 2:15 session, we will continue to address the barriers Kansas facilities are facing during the attempt to meet and surpass the AHCA Quality Measure of improving dementia care including the reduction of the off-label use of antipsychotics for dementia care.
**ADMINISTRATIVE TRACK**—Fair Labor Standards Act  
**Instructor:** Susan Lang  
This program is all about what you need to know about the Fair Labor Standards Act! Topics covered will be: Proper timekeeping, payment of overtime, salaried exemptions and who qualifies, shift differentials and on call pay, as well as many other details.

**CLINICAL TRACK**—Wounds, Part II: F314, MDS Section M  
**Instructor:** Pamela Scarborough  
As we reconvene following the 2:15 session, we will continue to explore information from the F314 component of the State Operations Manual. All content is to assist in ensuring your pressure ulcer prevention and care program meets current standards of care and will stand up to regulatory scrutiny.

**KCAL TRACK**—Gracious Dining  
**Instructors:** Linda Kamerer and Chef Kodi  
Gracious Dining—Let’s Eat! Service expectations are changing in the senior living environment. This session will focus on the area of dining services...achieving Gracious Dining. What is it; Why have it and How do you get there? We will review research as well as look at Senior Living Communities who have made changes. An interactive Chef’s demonstration will allow you to taste and see the ease of incorporating key components to create a successful dish. You will learn how to evaluate where you are now and how to get where you want to be to provide Gracious Dining for your current and future consumers.

**KCAL Breakfast**  
**OPEN TO:** AL, Resident Care, and Home Plus Providers  
**Dave Kyllo—Ethical Marketing**  
Because of the diversity of assisted living residents, the services offered, and the complexities of the fees charged, it is critical for providers to present their customers with complete, concise, and candid information about their residences. Join NCAL Director Dave Kyllo for this breakfast pick me up on ethical marketing and uniform disclosures.

**NAC Meeting & Breakfast**  
**OPEN TO:** All Nurses  
- **Business Meeting**  
- **Announcement of 2014 Joan Hamel Scholarship Recipients**  
- **Hear from past Joan Hamel Scholarship Recipients**  
**Judy Bagby—Compassion Fatigue**  
We get into healthcare to help others and make a difference. Working in long-term care we find ourselves establishing emotional relationships with residents and their significant others. With the culture change movement we are encouraged to build relationships and honor resident choices. Compassion is a helpful emotion for those working in the nursing home setting and helps to give satisfaction to our jobs. Compassion fatigue is the risk to our caring for others in emotional and physical pain. Join us for discussion on what we need to care for ourselves and our co-workers to avoid “running on empty” when caring for those dependent on us.

**General Session Breakfast**  
**OPEN TO:** Everyone  
**Carol Sapp—Taking Care of Ourselves—Nutrition in the Workplace**  
The program will discuss what to eat and drink to improve our health and keep us feeling good throughout the day. Participants will learn how to select “healthy” carbohydrates, proteins and fats in the diet. The session will address popular diets and weight loss trends, the impact of sugar, food allergies and sensitivities, “superfoods”, the role of stress, and healthy snacking tips. Participants will discuss how we can promote a supportive nutrition environment in the workplace.

**Independent Owners Breakfast**  
**OPEN TO:** Independent Owners and their staff  
**Jason Stroiman & Jeremy Stroiman—The Value of Your Seniors Housing Business**  
This presentation will help attendees not only uncover value in their current operations, but educate all parties on the risks and market fluctuations associated with rises in interest rates. Our presentation will target seniors housing owners and operators across all asset types.

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**Education session instructors, topics and times are subject to change.**

In the event that the listed instructor is not able to present a scheduled session, a substitute instructor will be provided if possible.
The 2014 Annual Business Meeting and Elections will be held Friday, October 24, from 8:30am—9:45am.

Everyone is welcome—and encouraged—to attend the Annual Business Meeting and Elections!

All members in good standing are eligible to vote during the elections, but remember: You **MUST** be credentialed and checked in **PRIOR TO** the beginning of the meeting.

Listen as CEO Cindy Luxem and Board President Fred Benjamin prepare our travelers for what’s coming in 2015. You won’t want to miss out on a chance to receive continuing education credits during the State of the State address!

**Please plan to attend—you won’t want to miss out on all that this meeting has to offer.**

**SAVE THE DATE FOR 2015 EDUCATION!**

Mark your calendars, it’s going to be a GREAT year!

Here are some of the wonderful events already set for **2015 KHCA/KCAL Education:**

- **March 4**—Legislative Conference—Topeka
- **April 7 & 8**—Spring Quality Conference—Manhattan
- **June 17 to 19**—Nurse Leaders Conference—Wichita
Find your seat at the KHCA/KCAL Table!

While KHCA/KCAL greatly appreciates your financial support of our programs and services, of equal importance is your active participation and involvement in Association affairs.

Below is a list of the committees seeking volunteers.

* **Education:** The objective shall be to develop educational opportunities for adult care home staff.

* **Facility Standards:** The objective shall be to develop and promote culture change, develop and improve facility Standard indicators and Quality Improvement indicators for the membership.

* **Government Affairs:** The objective shall be to support and develop legislation and regulations favorable to the residents and providers of long term health care.

* **Membership:** The objective shall be to represent the interests of Kansas licensed adult care homes and Assisted Living Facilities through membership in KHCA/kcal and to promote the growth of membership in KHCA/KCAL.

* **Nursing Advisory Committee (NAC):** The objective shall be to develop continuing education programs for LTC nurses and further LTC’s nursing professionalism.

(NOTE: Sales Associate Members may serve on KHCA/KCAL committees in an advisory, non-voting capacity.)

If you are interested in signing up to work with any of these committees, please stop by the Registration Desk any time during the Convention. We will have sign-up sheets available, and can answer any questions or concerns that may arise.

If you have any questions after the Convention ends, please contact us at our office (785) 267-6003 or by email khca@khca.org.

Thank you for your consideration!
Information Regarding Continuing Education Credits

Each education workshop description indicates which disciplines in assisted living, residential care centers, or nursing centers can receive continuing education credit by attending that individual workshop.

If you wish to receive CE hours for classes, remember you MUST sign in for classes, fill out attendance verification forms, AND get your Passport stamped at the Trade Show

A total of 14 hours of CEs are available if you attend the entire convention.

But wait, there is more...

Receive an additional 3.5 hours of CEs in Resident Care if you attend Wednesday’s Pre-Conference Session “Navigating the Journey of Good Dementia Care Without Drugs.”

(Administrators, you receive an additional 5 elective hours.)

Administrator/Operator - This course offering is approved for 22.5 continuing education clock hours for Kansas licensed adult care home administrators by the Kansas Department of Health and Environment. Up to 11.5 hours Resident Care, up to 11.0 in ADM, and up to 5 in Elective. KDHE Health Occupations Credentialing approved sponsorship number: LTS-A0001

Nurses - The Kansas Health Care Association is approved as a provider of continuing education by the Kansas State Board of Nursing. This offering is approved for 17.5 contact hours applicable for RN and LPN relicensure. (KSBN LT0030-0338)

Dietary - This course is approved for 17.5 hours of continuing education hours for Kansas licensed dieticians by the Kansas Department of Health & Environment HOC credentialing. Sponsorship number: LTS-D0002. CDM’s must seek approval through their certification board.

Others - KHCA provides continuing education for many healthcare professionals. Check with your licensing board for approval.

Here comes 2015!

Mark your calendar today for our 65th Annual KHCA/KCAL Convention and Trade Show

October 28-30, 2015 @ Hyatt Regency & Century II in Wichita.
Your Tour Guides

Linda Farrar, RN/BSN, LNHA
- Wednesday 10/22, from 2:00pm to 5:00pm: Facilitating Pre-Conference Session (Eden Alternative, Music Therapy, Aroma Therapy, Therapeutic Touch)
  **THIS IS AN EXTRA TICKET EVENT**
- Thursday 10/23, from 8:00am to 8:50am: Documentation, with Terry Pearce
- Thursday 10/23, from 2:15pm to 3:30pm: Dementia, Part I
- Thursday 10/23, from 3:45pm to 5:00pm: Dementia, Part II

Linda is a Registered Nurse and a Licensed Nursing Home Administrator, with an enduring passion for dementia care. She obtained her Bachelor of Science in Nursing degree from the University of Iowa in Iowa City, Iowa. She began her long term care career at a retirement center in Wichita, first as a unit supervisor, then the Director of Nursing position and later, as a licensed nursing home administrator. In June, 2011, Linda retired from the full-time duties of administration. Linda’s passion is to continue to serve elders and their family members in compassionate and person-directed and centered care.

Michelle Gambrel, RN, WCC, CEE, RAC-CT
VP & Director of Clinical Operations, New Paradigm Solutions, Inc.
- Wednesday 10/22, from 2:00pm to 5:00pm: Facilitating Pre-Conference

Michelle Gambrel is a Registered Nurse with over 10 years of experience in long-term care, starting as a CNA. She is a Certified Eden Educator with the Eden Alternative. As a Certified Wound Care nurse, she has trained clinical staff in wound and pressure ulcer prevention as well as implementation of facility-wide standing wound care protocol. She has worked with residents with moderate to advanced dementia and helped teams implement non-pharmacological interventions for decreased resident agitation and improved quality of life. Michelle is also a published author in Kansas.

Laura Richardson, LNHA—Music Practitioner
- Wednesday 10/22, from 2:00pm to 5:00pm: Facilitating Pre-Conference

Laura Richardson has been in the Senior Living profession for 30+ years. She has directed communities in Houston Texas, Wichita, Andover, Osage City, Leavenworth, Holton and Topeka. Most notably, Laura is an administrator that has deep feelings for, and involvement with, residents. In February of 2014 Laura received her Certification as a Music Practitioner. She plays her Mountain Dulcimer for individuals who are ill and transitioning. And in April of 2014, Laura traveled to England where she studied Soul Midwifery and became a Certified Soul Midwife. Laura enjoys gardening, traveling, cooking and spending time with family and friends!

Terry Pearce, RN, RAC-CT, BC—Regional Nurse Consultant, Americare USA
- Thursday 10/23, from 8:00am to 8:50am: Documentation, with Linda Farrar

Terry Pearce is the Regional Nurse Consultant at Americare USA. She is motivated and driven to improve the quality of life and care for those she serves in skilled health care environments. She is a strong advocate for health care clients and the health care providers. Terry believes in effective communication at all levels, and promotes and applauds career advancement within the healthcare field.
Your Tour Guides

Peggy Connorton, LNHA—AHCA
- Thursday 10/23, from 8:00am to 8:50am: Long Term Care Trend Tracker

For nearly 15 years, Peggy Connorton has focused on aging issues and facility quality improvement efforts as an administrator and compliance officer. In these capacities, she has deep knowledge about facility operations of skilled nursing facilities and assisted living residences. At AHCA, Peggy fosters a culture of quality improvement and better health care management and her responsibilities include the Medicare RAC program and assisting members as they learn how to utilize the LTC Trend Tracker, the Association’s performance improvement tool. Peggy has a Masters Degree in Applied Gerontology with emphasis in Administration of Retirement and Long Term Care Communities, from the University of North Texas.

Joe Ewert—Commissioner, KDADS
- Thursday 10/23, from 8:00am to 8:50am: HCBS Final Rule

Joe Ewert is the Commissioner of the Survey, Certification, and Credentialing Commission (SCC) at the Kansas Department for Aging and Disability Services. The SCC has the primary responsibility for maintaining regulatory oversight of adult care homes in Kansas including nursing homes, assisted living, residential healthcare facilities, home plus facilities, boarding care homes, and adult day care facilities. SCC also has the responsibility for the credentialing of certified nurse aides, medication aides, assisted living operators, social service designees, speech, language and audiologists, and other health professions utilized in the field of long term care. Prior to joining KDADS, Joe worked as the director of government affairs for the Kansas Association of Homes and Services for the Aging, and at Meadowlark Hills Retirement Community in Manhattan Kansas.

Skip Yowell—Jansport, the Kansas Connection
- Thursday 10/23, from 9:00am to 10:30am: Convention Kick Off!

Not only is Skip Yowell a fellow Kansan, he is the Co-Founder of JanSport and currently serves as the Vice President of Global Relations. In addition, he has served on the Board of Directors of the Outdoor Industry Association since its inception in 1989 and has also served on the Board of Directors for Big City Mountaineers for the past ten years. Last year he received the first lifetime achievement award from the outdoor industry and outdoor foundation. Skip has studied at Wichita State and Ft. Hays State Universities. He is an Eagle Scout from troop 155 in Great Bend Kansas and was the first inductee into the Great Bend Hall of Fame.

Skip has a passion for passing on what he has learned to others. He speaks to Scouts, High Schools and Colleges in Kansas. He understands our world as his mother-in-law currently resides in an Assisted Living Facility and his daughter is currently in nursing school at Ft. Hays. Skip’s wide range of interests and hobbies include hiking, skiing, gardening, photography, fly fishing, camping and other winter sports.

Skip resides in St. Peters Kansas.
Susan Lang, Investigator—Department of Labor
- Thursday 10/23, from 2:15pm to 3:30pm: Family Medical Leave Act (FMLA)
- Thursday 10/23, from 3:45pm to 5:00pm: Fair Labor Standards Act

Susan Lang has been an investigator with the US Department of Labor, Wage and Hour Division, Wichita, KS office for 29 years. She is a native Wichitan, and a graduate of Wichita State University. As an investigator, Ms. Lang is responsible for the enforcement of the Fair Labor Standards Act and the Family and Medical Leave Act, and conducts investigations of businesses for compliance with these regulations. In addition to investigations, Ms. Lang also serves as a regional and national trainer for Wage and Hour, develops training curriculum for the District Office, and provides FMLA and FLSA presentations to dozens of groups in Kansas each year. She is also the recipient of a Distinguished Career Service Award from the Department of Labor.

Pamela Scarborough, PT, DPT, MS, CDE, CWS, CEEAA
- Thursday 10/23, from 2:15pm to 3:30pm: F314, MDS Section M, Part I
- Thursday 10/23, from 3:45pm to 5:00pm: F314, MDS Section M, Part II

Dr. Scarborough is currently the Director of Public Policy and Education for American Medical Technologies, headquartered in Irvine, California. Her clinical career spans over 30 years having practiced in a variety of setting including acute, out-patient, home health and long-term care. Her clinical experience has included traditional physical therapy, orthopedics and sports medicine, cardiac rehabilitation, and wound care.

Pamela has published book chapters, articles, and monographs on the topics of diabetes and wound care, in addition to being a highly sought after speaker, invited to present to interdisciplinary audiences at conferences and educational activities around the country. She holds an active license as a physical therapist in the state of Texas and is board certified as a Certified Diabetes Educator (CDE) and Certified Wound Specialist (CWS). In addition, Dr. Scarborough is certified by the Geriatric Section of the American Physical Therapy Association as a Certified Exercise Expert for Aging Adults (CEEAA).

She has served on multiple boards and conference planning committees, including the board of directors for the Association for the Advancement of Wound Care and the National Pressure Ulcer Advisory Panel (NPUAP) and is currently serving as one of the co-chairs for PRESENT Wounds, Ostomy and Continence, an education company that provides online wound, ostomy and continence education, and was Clinical Editor for WoundSource, an extensive wound products and education publication published by Kestrel Health Information in 2013. When not traveling she enjoys a quite nature-filled life in the Texas Hill Country.
Your Tour Guides

Linda Kamerer, MHSA, RD, LD—Sysco Kansas City, Inc
-Thursday 10/23, from 3:45pm to 5:00pm: Gracious Dining

Linda Kamerer received the Degree of Bachelor of Science in Human Environmental Sciences-Human Nutrition and Foods from The University of Missouri and the Degree of Master of Health Services Administration from the University of Kansas. She worked for six years as a Clinical Dietitian and Certified Diabetes Educator at Olathe Medical Center. She was promoted to Clinical Coordinator, overseeing clinical services and the patient menu. She moved to an Account Executive position with Sysco Kansas City, Inc in 1997, working in sales to healthcare facilities. She has since transitioned into her current role of managing the nutrition and healthcare services Sysco provides to customers as well as managing the Customer Service Department. She enjoys working with the changing environment of foodservice and a variety of customers.

Kodi Koerner—Chef, Sysco Kansas City, Inc
-Thursday 10/23, from 3:45pm to 5:00pm: Gracious Dining

Kodi grew up just north of Dallas, TX and earned his Degree in Culinary Arts from Le Cordon Bleu Program in Austin, TX. The Worthington Renaissance Hotel was where Kodi finished his externship after Culinary School. The Banquet Kitchen there was one of the largest in the country, and Kodi was part of a team that fed 30,000 people three meals a day. He is currently a Culinary Specialist for Sysco Kansas City operating out of the Wichita office. Previous work experience includes a position as District Manager with a corporate catering business and Executive Chef at Flint Oak Executive Hunting Lodge, a very high end facility that allowed Kodi to grow and flourish. Kodi’s varied experience is a huge benefit to the customers that take advantage of the Business Review process in Wichita. An avid golfer, living in the Wichita area has afforded him a number of courses to allow him to participate in his favorite hobby.
Dave Kyllo—Director, NCAL
-Thursday 10/23, from 2:15pm to 3:30pm: NCAL Update
-Friday 10/24, from 7:00am to 8:15am: Ethical Marketing

David Kyllo is Executive Director of the National Center for Assisted Living (NCAL) – the assisted living voice of the American Health Care Association (AHCA). Mr. Kyllo is responsible for leading NCAL’s advocacy on behalf of a national federation of state affiliates, as well as directing NCAL’s educational programs, award-winning publications, and quality programs.

Mr. Kyllo has 25 years of experience working in government relations, regulatory and public affairs in Washington, DC. He has served with two White House Administrations and both the United States House of Representatives and United States Senate. In December 2007, Mr. Kyllo was elected Chair of the Center for Excellence in Assisted Living (CEAL) Board of Directors, which includes NCAL, AARP, the Alzheimer’s Association, Pioneer Network, and other national assisted living organizations. He previously served as a member of the Assisted Living Workgroup Steering Committee and contributed to its 2003 Report to the U.S. Senate Special Committee on Aging from the Assisted Living Workgroup. Also in 2003, Mr. Kyllo was named to the National Commission on Nursing Workforce for Long Term Care, which developed practical recommendations regarding recruiting and retaining a skilled long term care workforce. A graduate of the University of Northern Iowa, Mr. Kyllo lectures and presents nationally on a variety of assisted living and long term care issues.

Judy Bagby, RN, RAC-CT, LNHA
-Friday, 10/24, from 7:00am to 8:15am: NAC Meeting & Breakfast Session, Compassion Fatigue

Judy Bagby is an Independent Consultant with JA Bagby Consulting LLC. Judy retired in 2013 after seven years with Medicalodges. During her tenure there, she assisted with the development of Clinical Quality Improvement, and was appointed to the first Chief Clinical Officer (CCO) position for the company in 2011. She was active with implementation of standardized clinical process, oversaw Pandemic Preparedness, educated on the QIS process, and prepared for the implementation of MDS 3.0. Judy’s professional experience includes designing processes to assist with reimbursement management to include ALJ hearings.

Ms. Bagby received her Bachelor of Science in Nursing from Avila University and is also a licensed Nursing Home Administrator. She is a current member of the American Association of Nurse Assessment Coordinators (AANAC) and has served on the Membership Committee. She has been an AANAC member since 2001. Judy serves on the Education and the Nurse Advisory Committee for the Kansas Health Care Association (KHCA).

Ms. Bagby has also served on committees with American Health Care Association (AHCA). She has served on the Quality Improvement Committee and the Clinical Standard Committee as well as a Future Leader Graduate for 2008. Judy is currently a member of the AHCA Customer Experience Committee. She is actively involved with the Kansas Culture Change Coalition and is a stakeholder with the Kansas LANE.
Your Tour Guides

Carol Sapp, RD, MBA, LD—President, Health Technologies
-Friday, 10/24, from 7:00am to 8:15am: General Session Breakfast

Carol Sapp currently serves as President and owner of Health Technologies, Inc. Health Technologies provides nutritional consulting, menu systems and food service software to long term care facilities throughout the Midwest. Carol has worked with food service in acute care and long term care for the past thirty years. Prior to working with Health Technologies, Inc., Carol was the Director of Food Services for Christian Health System, where she directed the food service operations for a multi hospital and long term care system in Missouri and Illinois. While working for Christian Health System, she started the nutritional consulting program offered by Health Technologies today. Carol holds her Bachelor of Science Degree in Nutrition from Central Missouri State University and completed a dietetic internship at Indiana University. She has a Masters of Business Administration from Washington University in St. Louis, Missouri.

Jason Stroiman and Jeremy Stroiman,
Evans Senior Investments
-Friday, 10/24, from 7:00am to 8:15am: Independent Owners Breakfast Session

Jason Stroiman—As founder and President of Evans Senior Investments (ESI), Jason leads the Chicago office and manages client relationships throughout the country. Jason brings a tremendous amount of senior living investment experience, as well as a wealth of negotiation and transactional knowledge. Jason has been selling Seniors Housing and Long-Term Care communities his entire professional career. Prior to ESI, Stroiman was a partner with a real estate brokerage company where he sold seniors housing and long-term assets from coast to coast. Throughout his career, Stroiman has exclusively listed and sold senior housing assets in 30 different states. Stroiman has also analyzed, toured, valued and sold over $1 billion in senior housing and long-term care communities in over 50 states.

Jeremy Stroiman—As co-owner and leader of the Evans Senior Investments’ (ESI) Boulder, Colorado office, Jeremy Stroiman brings a track record of sales and marketing success to the ESI team. Jeremy is responsible for continuing ESI’s presence across the nation. With almost a decade of sales and marketing leadership experience, Jeremy ensures that ESI’s proven commitment to provide significant value and responsibility to their clients continues. Prior to ESI, Jeremy spent several years in a variety of sales and marketing leadership roles at Covidien, a publicly traded company and a medical device industry leader.
Tom Boyes, RN-BC, WCC, BA
Friday, 10/24, from 10:00am to 11:30am: General Session, Quality Awards

Tom Boyes has been in Long Term Care with Altercare of Ohio for over twenty-seven years. He has served as a Director of Nursing for 13 years. He is currently The Vice President of Sustainable Clinical Quality for Altercare of Ohio. Tom is a Senior Team Leader Examiner for The American Healthcare Quality Award Program. He has consulted, coordinated and authored winning national quality award applications. In the fall of 2014 Tom was selected as a National Malcolm Baldrige Examiner and completed a five day training program in Washington DC. Tom is a member of the Ohio Healthcare Association’s Quality Commission. He presents nationally on Electronic Medical Records, Quality Measures, Quality Process, and The AHCA Quality Award Program. In August 2014 he co-presented a Bronze Award Workshop with AHCA. In September he will receive his Yellow Belt in Six Sigma.

Kari Bruffett—KDADS Secretary
Friday, 10/24, from 10:00am to 11:30am: General Session

Kansas Department for Aging and Disability Services Secretary Kari Bruffett has extensive experience in health care policy, communications and community outreach. She most recently served as director of the Division of Health Care Finance at the Kansas Department of Health and Environment (KDHE), where she played a key role in the development and launch of KanCare, directed program finance and informatics and managed the State Employee Health Plan section. Prior to working at KDHE, Kari Bruffett spent eight years as a Governmental Affairs Liaison at the University of Kansas Hospital, where she coordinated policy analysis and advocacy, represented the hospital and formed alliances with health care partners. She holds a bachelor’s degree in Communications and Journalism at Fort Hays State University.

As Secretary for the Kansas Department for Aging and Disability Services, Ms. Bruffett leads a $1.6 billion dollar state agency that employs 2,650 people. Secretary Bruffett was appointed by Governor Sam Brownback in May 2014.

Matthew Jones
Friday, 10/24, from 1:30pm to 3:20pm: General Session Keynote Speaker

Matthew Jones is a world class professional speaker and author. He is committed to inspiring audiences and delivering strategies to help organizations thrive in the midst of adversity and excel to new heights of performance. Matt’s story has been featured in both international magazines and on TV shows. He holds a BA in Communication, MLS in Liberal Studies with an emphasis in Organizational Leadership, and is pursuing his doctorate in Organizational Leadership.
Please Thank Our Sponsors!
Trade Show Information

The Journey to this year’s Trade Show will be held in Century II’s Convention Hall, as in years past.

THURSDAY, OCTOBER 23 from 10:30AM—Noon
FRIDAY, OCTOBER 24 from 11:30AM—1:15PM (lunch provided)

Make sure to bring your Passport with you on both days, to take the opportunity to earn one (1.0) continuing education credit!

Keep an eye out for our Vendors, who will be wearing bright yellow name tags!

Your Passport to Quality!

Get your passport ready to embark on an Educational Journey through the KHCA/KCAL Trade Show. There are many opportunities to learn from the companies we work with every day. Not only on the product or services they offer, but on topics in our industry in general. Look for this “Customs” sign at trade show booths to get your passport stamped. Twelve stamps will get you 1 continuing education credit!
How to Register:

It’s Easier than Ever Before!

Step 1: Go to www.khca.org
Step 2: On the home page, click “Click here to learn more and to complete your registration”
Step 3: Follow the prompts to complete your registration!

Need help? We can talk you through it.
Please call the KHCA/KCAL office for assistance.
785-267-6003

Registration Fees:

Member Pricing (Center and Corporate):

Required: Registration-1st Registrant $300
Each Additional registration (same center or corporate office, SAME TRANSACTION) $150
Navigating the Journey of Good Dementia Care Without Drugs (Pre-Conference) $75

Non-Member Pricing:

Convention Registration- per person $500
Navigating the Journey of Good Dementia Care Without Drugs (Pre-Conference) $150

CANCELLATION POLICY: Any cancellation requests must be received IN WRITING, at khca@khca.org, BY OCTOBER 10, 2014, for an 80% Refund.
(Substitutions are welcome!)

Convention Accommodations:

The KHCA/KCAL Convention will be held at the

Hyatt Regency and the Century II Performing Arts and Convention Center
400 West Waterman St. Wichita, KS. (316) 293-1234

Call the number above, or go to:
https://aws.passkey.com/event/9752934/owner/12770/home
to book your room!

We have rooms blocked at the Hyatt Regency offering a special rate of $104 until the cut-off date of October 1, 2014. Be sure to ask for the KHCA/KCAL Convention rate when making your reservation.
Gift Shop

Stop by the Registration Desk to get your hands on these essentials for your journey!

Documentation Guidelines

$10.00

(+$2.00 s/h where applicable)

AHCA Long Term Care Survey Manuals

Stop by the Registration Desk for order forms and information regarding the updated 2014 LTC Survey Manual!

New this year is an Electronic Version, which allows for download of the file on up to three different devices, and allows you to print portions of the manual for hard-copy usage. (However, printing and copying the book is prohibited and the document is protected.)

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