



Caring for Seniors in the Heartland

April 14, 2023

2023

Assisted Living Conference

Making Connections

A full day of education for those working in the Assisted Living, Residential Health Care and Home Plus settings

Sponsored by:



**Doubletree by Hilton
200 McDonald Drive
Lawrence, KS 66044**

**Room Rate of \$99 Available under KHCA/KCAL until March 21, 2023
call 785-841-7077**

Register online by going to www.khca.org and clicking "Education Calendar"

Conference Schedule At-A-Glance

Friday, April 14, 2022

	7:30—8:00 am	Vendor Arrival & Attendee Registration
0.5 CE (ADM)	8:00 - 8:30	<p>Welcome & KCAL Update and introduction of KCAL Board Sonia Larimore, KCAL President, Gran Villas Linda MowBray, CEO KHCA/KCAL</p> <p>Logistics Polly Berkley, KHCA/KCAL VP of Operations and Education</p>
1.0 CE (ADM)	8:30 - 9:30	<p>The Magic of Connection Opening Keynote and Humorist Desi Payne</p> <p><i>Truly connecting with people requires more than just being a good communicator. Good leaders know how to build a bridge to others by cultivating relationships - that is the foundation to becoming a great leader. Based on best-selling author John Maxwell's book, Everyone Communicates Few Connect, participants will learn the magic of connecting. As a John Maxwell leadership trainer, Desi will help show you why it's so important to make the right connections with people.</i></p>
	9:30 - 9:50	Break and vendor visits
1.0 CE (ADM)	9:50-10:40	<p>Writing a Plan of Correction – Joan Hudson</p> <p><i>In this session with Joan Hudson, KCAL Clinical Consultant will walk through what it means when KDADS asks you to write a plan of correction after they complete a survey. Joan will walk you through writing a plan of correction using a four-step outline for each citation.</i></p>
1.5 CE (ADM)	10:40-12:00	<p>Workplace Resilience through the Power of Friendship – Amy Siple</p> <p><i>Burnout is at unprecedented rates in our field. A literature review revealed staff in our industry are lonely and many struggle to form friendships. However, strong friendships offer workplace resilience. This presentation offers practical steps to assist in that process.</i></p>

**Special Thanks to our
Event Sponsor!**



Conference Schedule At-A-Glance

Continued:

	12:00-1:30	VENDOR SHOW AND NETWORKING LUNCH (Provided)
1.0 CE (RC)	1:30-2:20	<p>Stay in Your Lane – Talking through KS Regs and Top Questions the Association receives and how to find answers in your Reg Manual</p> <p><i>Now that the KDADS survey team has combined surveyors for both AL's and SNF's it more important than ever that you know the regulations that apply to your building. In this session with Linda MowBray, President and CEO of KHCA/KCAL we'll talk about navigating survey and knowing how to manage a survey and stay in the State Licensed only "lane". You might want your Reg. manual for this. Linda will review common scenarios and talk you through finding answers in KDADS Regs.</i></p>
	2:20-3:00	Break and Vendor Visits
1.0 CE (RC)	3:00-4:00	<p>Making Life Meaningful – Amy Siple</p> <p><i>Engaging in meaningful activities is important for every human, including those in long term care. Clients with dementia are no exception. Our lives need to be filled with more than sleeping, eating, and entertainment. This presentation will explore challenges in offering meaningful activities in the long-term care environment, especially for those with dementia. Tailored activity programs will be explored through an interactive format.</i></p>

**Special Thanks to our
Platinum Sponsor!**



CONFERENCE PRICING

Prior to April 3, 2023	After April 3, 2023
KHCA/KCAL members Prior to April 3 \$165 per person	KHCA/KCAL members After April 3 \$185 per person
Non KHCA/KCAL members Prior to April 3 \$199 per person	Non KHCA/KCAL members After April 3 \$219 per person

CANCELLATION POLICY

When written notice is received at least 5 days prior to the conference a refund will be given minus an administrative fee of 25%. Attendee substitutions are permitted. You are responsible for cancelling any hotel reservations you have made.

Cancellations made within 48 hours of the in-person event will NOT receive a refund. An attendee substitution is recommended. Special dispensation will be given with proof of survey during the training dates.

CONFERENCE LEADERS



Desi Payne

Desi loves to motivate employees by helping them adjust their attitudes to create a positive work environment. Desi has over 25 years of experience as an entrepreneur, patient advocate, customer service and leadership trainer, and award-winning entertainer. She is also an international speaker with the John Maxwell Team. She is known as “The Attitude Adjuster” and helps employees reduce negativity and stress in the workplace. She is the author of *Do You Work with the Living Dead?*



Joan Hudson RN-BC, LNHA

Joan is a RN Board Certified in Gerontology and a LNHA. She worked her way through entry level positions in the beginning of her career serving in housekeeping, dietary, C.N.A., and nursing roles including Director of Nursing, then finally as an administrator of a 56 bed community. She currently serves as the Administrator for Interim Home Health and Hospice which currently serves appx 300 elders from Manhattan to Lawrence. She serves as the KCAL Clinical Consultant.



Linda MowBray BA, Registered Operator KHCA/KCAL President & CEO

Linda joined KHCA/KCAL in October 2001 following 14 years as Social Services Director at a skilled nursing center. She transitioned to Director of the Kansas Center for Assisted Living in April 2013. She worked closely with the state licensed only homes on regulatory issues, compliance, reimbursement, KanCare and special projects. In March of 2020, Linda was promoted to President & CEO of KHCA/KCAL. She works with our members, key stakeholders and regulators to provide fair and positive representation of our long-term care providers while supporting improved health care of Kansas Long-Term Care Residents. Linda's Bachelor's degree is from Washburn University in Topeka.



Amy Siple

Amy Siple is a national speaker on health care issues that impact older adults and the empowerment of health care givers. She has been serving the primary care needs of residents in long term care as a nurse practitioner for over 23 years. Amy has been appointed by three Kansas Governors to serve on boards and task forces to represent the needs of older adults and currently serves on the Kansas board for Adult Care Home Executives. Amy is a Tedx speaker and a content expert for Project Echo. Under her leadership as President of the Kansas Advanced Practice Nurses Association, Kansas became the 26th state to pass full practice authority for APRNs in 2022.

CONTINUING EDUCATION INFORMATION

Administrators - This course offering is approved for 6.0 continuing education clock hours for Kansas licensed adult care home administrators by the Kansas Department of Aging and Disability Services KDADS Health Occupations Credentialing Approved Sponsorship Number: LTS-A0001.

Registered Operators- This course offering is approved for 6.0 continuing education clock hours for Kansas registered operators. 4.0 in the core area of Administration and 2.0 in the core area of Resident Care, by the Kansas Department of Aging and Disability Services KDADS Health Occupations Credentialing Approved Sponsorship Number: LTS-A0001.

Nurses - The Kansas Health Care Association is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This offering is approved for 6.0 contact hours applicable for RN and LPN relicensure. (KSBN LT0030-0338)

Dietitians - This course is approved for 6.0 continuing education clock hours for Kansas Licensed Dietitians by the Kansas Department of Aging and Disability Services. KDADS Health Occupations Credentialing Approved Sponsorship Number: LTS-A0002.

Social Workers - The Kansas Health Care Association is approved as a provider of continuing education by the Kansas Behavioral Sciences Board. This offering is approved for 6.0 continuing education hours. KSBSB 17-006.

Attendance Certificates will be available for all other attendees. Consult your licensing board or certifying agency for approval.