



**THE KANSAS HEALTH CARE
ASSOCIATION AND
KANSAS CENTER FOR
ASSISTED LIVING**

**73RD ANNUAL CONVENTION AND
TRADE SHOW**

GAME ON!

**IS YOUR PLAY
BOOK UP TO DATE?**

**SEPTEMBER 27-29, 2023
KANSAS STAR EVENT CENTER
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GAME ON!

IS YOUR PLAY BOOK UP TO DATE?

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WELCOME TO THE 2023 KHCA/KCAL 73RD ANNUAL CONVENTION AND TRADESHOW!

Greetings and welcome to the 2023 KHCA/KCAL 73rd Annual Convention and Trade Show! We are so happy to be back at the Kansas Star Event Center in Mulvane, KS for the 3rd year. Last year's convention was a great success and we know this year the education team will hit it out of the park again! They have arranged a wonderful line-up of speakers for you to learn from and a great variety of vendors for you to draft on to your team. Most importantly, we are excited to see and connect with each member of your team.

This year's theme is **"Game On! Is Your Playbook Up To Date?"** We are really excited about this theme and what our speakers have to share from their playbooks. So put me in coach, it's Game On!



Linda MowBray,
President/CEO



Follow us!





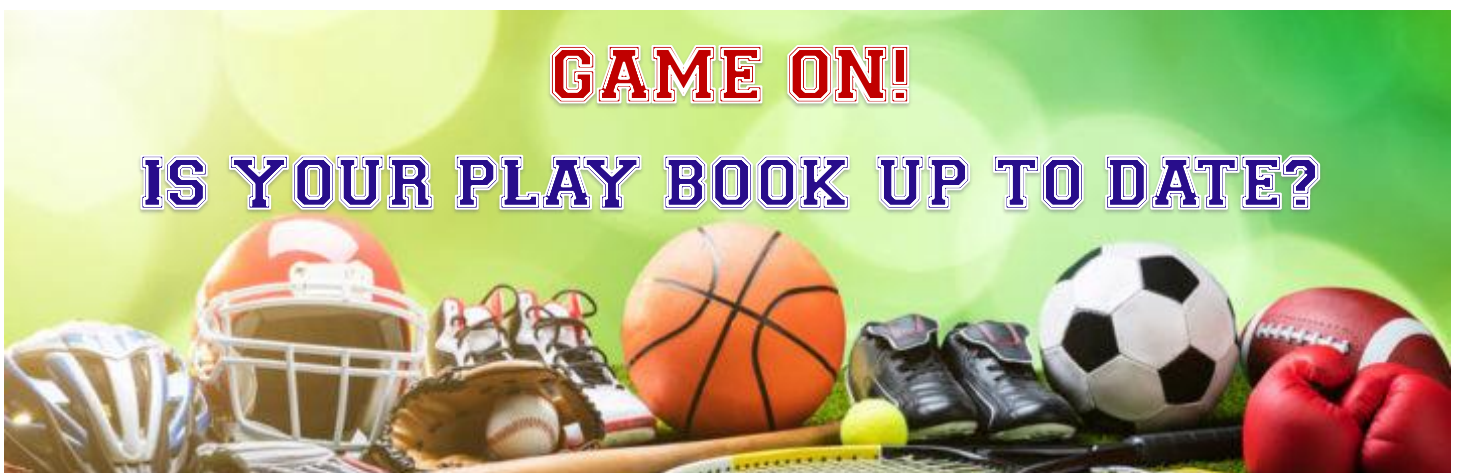
2023 CONVENTION SAFETY PROTOCOL AND CANCELLATION POLICY

KHCA/KCAL would like to welcome you to the 2023 GAME ON! Is Your Play Book Up To Date? Convention and Trade Show. We are looking forward to having you with us. We are excited to see those who can join us in person and look forward to visiting and networking.

Visitors and attendees at in-person training and/or meetings should acknowledge that there is a risk of contracting COVID-19 infection and that KHCA/KCAL cannot prevent and is not responsible for such risk of infection to any person who chooses to attend in-person training and/or meetings. KHCA/KCAL requests that anyone who is experiencing COVID-19 symptoms or has been exposed to a COVID-positive individual to stay home to avoid the risk of infection together.

CANCELLATION POLICY: When written noticed is received at least 5 days prior to the event a refund will be given minus an administrative fee of 25% unless otherwise noted. Attendee substitutions are permitted.

**You will receive a FREE Convention t-shirt if you register by September 5th, so register early!
Sponsored by Kansas Mobile Solutions.**





GAME ON!

WEDNESDAY

09/27/23



1:30-5:00 PM

Vendor Move In and preparation for the Game On! Decorating contest

1:00-2:00 PM

Pre-Conference Participant Registration & Silent Auction Bidding

2:00 - 5:00 PM

Pre-Conference Session

Developing Confident Senior Care Managers (3.5 CE ADM) - ADM, AL, HP, SNF, ADM, OPR, Nurse, SW
 Lou Ann Brubaker Sponsored by: *Americare*

Studio ABC



6:00 - 8:00 PM

Welcome to Convention Reception with Drinks & Heavy Hors d'oeuvres with
 Special Guest KC Wolf Sponsored by: *Frontline Management*

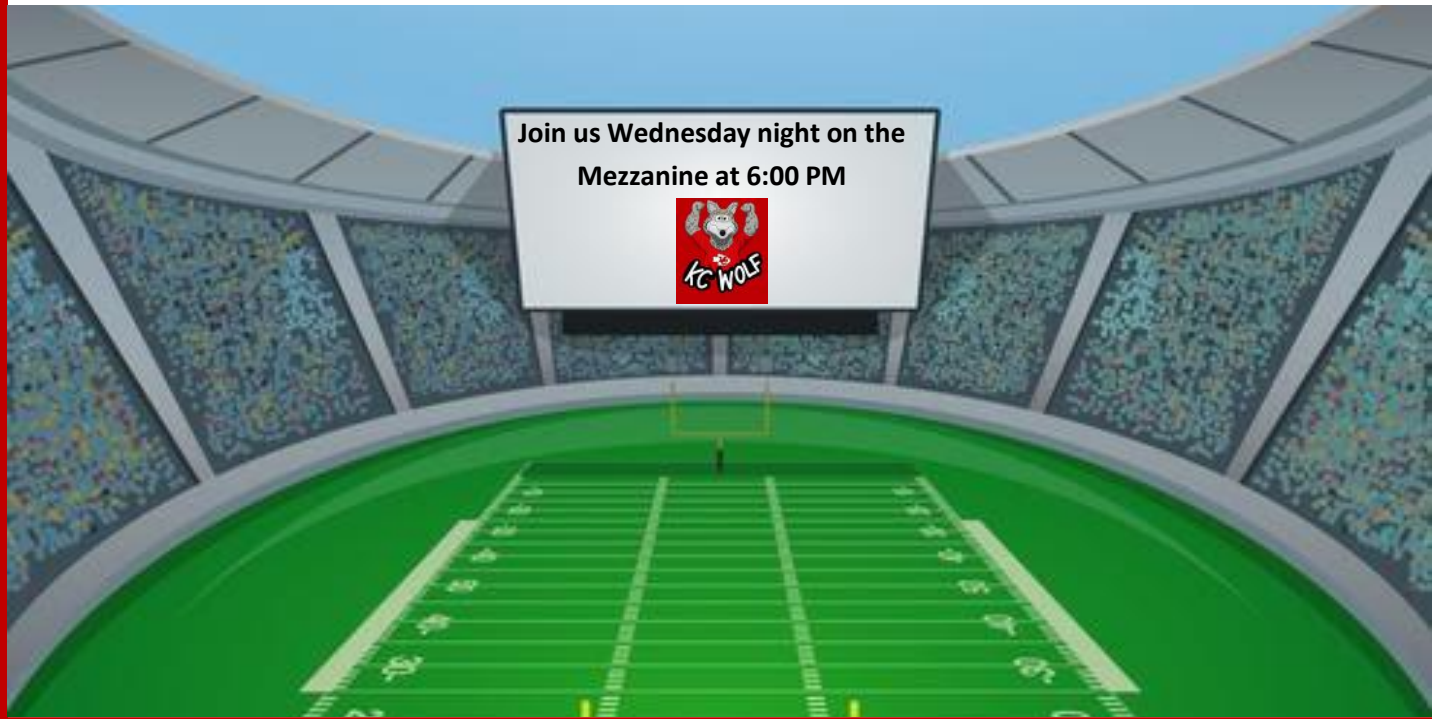
Mezzanine

Reception Sponsored by: *United Healthcare & BOK Financial*



Key to Acronyms
 ADM - Administrator
 AL - Assisted Living
 HP - Home Plus
 OPR - Operator
 SNF - Skilled Nursing Facility
 SW - Social Worker

Represent your favorite sports team and wear something of theirs!





GAME ON!

THURSDAY

09/28/23



8:15 - 9:00 AM

Participant Registration

9:15-10:15

Vendor Education—Leveraging Your Trade Show Investment with Lou Ann Brubaker

9:00-9:30

Convention Kick Off with Linda MowBray, KHCA President & CEO and Della Ribordy, KHCA Board Chair

9:30-10:30

OPENING KEYNOTE: Dan Meers, KC Wolf (2.0 ADM) - (For All Participants)

Kansas Star Arena

Sponsored by: HMG Healthcare



10:30 AM - 1:15 PM

Trade Show (For All Participants)

Lunch on the trade show floor Sponsored by: Recover-Care



1:30 - 2:45 PM—Concurrent Sessions

Child Care in LTC Communities: Teaming up for Success (1.5 RC) - AL, HP, ADM, OPR, SNF

Melissa Schoenberger, KDHE, Clint Arndt and Ashley McIlvain, Sunflower Care Homes

Studio AB

Differentiating Dementias (1.5 ADM) - AL, HP, SNF, OPR, ADM, Nurse, SW

Amy Siple

Studio C

Managing Change in Senior Care (1.5 ADM) - SNF, ADM, Nurse, OPR, SW, Dietary

Lou Ann Brubaker

Studio DE

Open Office Hours with KHCA Clinical Consultant Linda Farrar in the Kansas Boardroom

Full session descriptions can be found on pages 11-21

3:00 - 4:15 PM—Concurrent Sessions

Admission, Transfers & Discharge in the State Licensed Only Setting (1.5 RC) - AL, HP, OPR, Nurse, SW

Joan Hudson

Studio AB

5 Proactive and Reactive Interventions to Better Connect Through Behavioral Expressions (1.5 ADM) - AL, HP, OPR SNF, ADM, Nurse, SW, Dietary

Brenda Guring and Shelly Jay Sponsored by: Anthology Senior Living



Studio C

Achieving Great Customer Service in Care (1.5 ADM) - AL, HP, SNF, ADM, OPR, Nurse, SW

Lou Ann Brubaker Sponsored by: Federico/Duerst Consulting Group



Studio DE

AIT Preceptor Meeting (1.5 RC) - SNF, ADM

Steve Hatlestad

Star Boardroom (limited seating)

Open Office Hours with KHCA Clinical Consultant Linda Farrar in the Kansas Boardroom

4:30 - 5:15 PM

KCAL Annual Meeting and KCAL Board Elections (1.0 ADM) - All Assisted Living

Studio AB



GAME ON!

FRIDAY

09/29/23



9:00 - 9:50 AM— Concurrent Sessions

Data and the Connection to Improving Outcomes, Systems, and Processes for Assisted Living (1.0 ADM) - AL, HP, OPR, Nurse

Pam Truscott

Studio AB

Ethics: Truth, Transparency and Trust (1.0 RC) - AL, HP, SNF, ADM, Nurse, SW, OPR

Christine Jordan

Studio C

Medicaid Reimbursement Transition to PDPM, Effective July 1, 2024 (1.0 RC) - SNF, ADM, OPR, Nurse, SW

Dave Halferty

Studio DE

Open Office Hours with KHCA Clinical Consultant Linda Farrar in in the Kansas Boardroom

10:00-11:00

KHCA/KCAL Annual Meeting (1.0 ADM)

Kansas Star Arena

Join Us on Friday @ 1:30—3:00 for the Staff Awards Program and Stories of Care

We will be honoring this year's outstanding staff!

Wear your convention t-shirt today!

11:15 - 12:30 PM—Concurrent Sessions

AL Regulatory Networking (1.5 ADM) - AL, HP, OPR and staff in these settings

Joan Hudson, KCAL Consultant

Studio AB

SNF Networking Session (1.5 ADM) - SNF and all staff in SNF settings

Linda Farrar and Cynthia Pendleton Sponsored by: *Husch Blackwell*



Studio DE

AFTERNOON SESSION (Kansas Star Arena) (3.0 ADM) - All participants

12:30 – 1:30 PM—Lunch Service & Networking

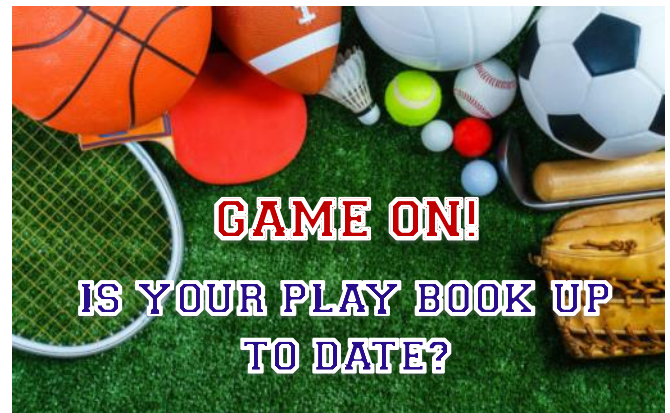
1:30 – 3:00 PM—Staff Awards Program and Stories of Care Sponsored by: *Medicalodges, Inc.*



This presentation will be immediately followed by drawings and giveaways!

****MUST BE PRESENT TO WIN. VENDORS ARE NOT ELIGIBLE TO WIN PRIZES**
Sponsored by McCrite Plaza and Delaware Highlands Assisted Living**





If you wish to receive CE hours for classes, remember you MUST scan the QR Code provided during each class session. This must be completed before the end of convention.

A total of **16.5 hours of CEs** are available if you attend the entire convention, which includes the Pre-Conference session.

Administrators & Operators, you receive an additional **5** elective hours for attending a statewide professional convention.

Administrators- This course offering is approved for 21.5 continuing education clock hours for Kansas licensed adult care home administrators by the Kansas Department of Aging and Disability Services. KDADS Health Occupations Credentialing approved sponsorship number: LTS-A0001. *(If attending all possible classes, a total of 21.5 hours may be earned.)*

Operators- This course offering is approved for 21.5 continuing education credit hours for operators by the Kansas Department of Aging and Disability Services. Up to 7.0 hours Resident Care, up to 14.5 in ADM, and 5 in Elective. KDADS Health Occupations Credentialing approved sponsorship number: LTS-A0001. *(If attending all classes a total of 21.5 hours may be earned.)*

Nurses- The Kansas Health Care Association is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This offering is approved for 16.5 contact hours applicable for RN and LPN relicensure. (KSBN LT0030-0338)

Social Workers- This course is approved for 16.5 hours of continuing education hours for Kansas licensed Social Workers by the Kansas Behavioral Sciences Regulatory Board. Approval number: 17-006.

Dietary- This course is approved for 16.5 hours of continuing education hours for Kansas licensed dietitians by the Kansas Department of Aging and Disability Services HOC credentialing. Sponsorship number: LTS-D0002. CDM's must seek approval through their certification board.

Others- KHCA provides continuing education for many healthcare professionals. Check with your licensing board for approval.

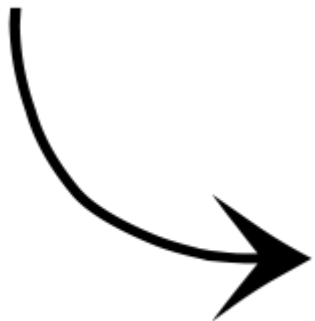


Attendance verifications will be done via QR code readers

Please only use this code when you attend sessions in person

Scanning a QR code using your device is straightforward: Open the QR reader application or the camera on your smartphone. ... The data will be instantly shown on your browser by clicking it. You'll find test QR codes at the registration table. Education committee members will be available to help you. If your camera will not open QR codes please download a QR code reader from the App Store or Google Play store before heading to Convention.

**TEST TO SEE IF YOUR QR CODE
READER WORKS**



Scan this QR Code to test!





**Wednesday,
September 27, 2023
2:00-5:00 P.M.
Studio ABC**



Sponsored By:



**Developing Confident Senior Care Managers
Presented by Lou Ann Brubaker
3.5 ADM (AL, HP, SNF, ADM, OPR, Nurse, SW, Dietary)**

Developing Confident Senior Care Managers—Ensuring that supervisors have the skills to lead is vital to a senior care community’s success. Often, though, great staff get promoted because they were good at something else. With often little preparation, a great team member becomes a frustrated new supervisor—struggling unnecessarily in that role. Ill-prepared managers also increase staff turnover risk.

This curriculum targets managers’ confidence AND competence, teaching the hard and soft skills needed to succeed in leading others.

Following this program, participants will be able to:
coach for performance using meaningful feedback

- address staff attitude problems
- write clear and measurable performance expectations
- delegate AND hold staff accountable
- use progressive discipline (to save, not terminate)
- manage staff conflict
- evaluate staff performance

Lou Ann Brubaker is a highly accomplished Senior Health Care Consultant, Entrepreneur, and Educator with more than 36 years of success within the post-acute care marketplace. Leveraging extensive experience working with individuals from the C-suite to the front line, Lou Ann is a valuable asset to senior care provider organizations in market strategy, leadership development, occupancy growth, customer service, and board governance. She works with senior care providers throughout the US. Lou Ann is the President and Founder of Brubaker Consulting.

She has a remarkably diverse background. Her earliest work included administration of a senior citizen utility assistance program, as well as writing governmental policy. She transitioned an in-house advertising agency of a leading senior care medication distribution systems company to a revenue-generating division, while also directing the company’s sales efforts.

Just prior to founding her own company, Lou Ann directed the North American promotions for STN International, which grew in 3 years to become the world’s largest provider of online medical, scientific, technical, and patent information.

Lou Ann holds a B.S. in Public Policy from Kent State University.

She is Past Chair and Past Director of the Board of Trustees for the Beacon Institute, the educational affiliate of the Lifespan Network, Maryland’s largest senior care organization. She also served as a nationally elected Director of the Business & Professional Women’s Foundation, Washington, DC.

This is a separate ticket event which provides 3.5 CE’s in the core area of **Administration**
Members \$99 / Non-Members \$129
(Prior to Sept 13)
Members \$129 / Non-Members \$159
(After Sept 13)



**Thursday,
September 28, 2023
9:30-10:30 A.M.
Kansas Star Arena**



**Convention Kick Off and Opening Keynote
Dan Meers, Kansas City Chiefs Wolf
2.0 ADM (for all participants)**

COURAGEOUS LEADERSHIP – LIVING A LIFE OF INFLUENCE

On November 23, 2013, Dan Meers came within inches of losing his life while practicing a bungee jump and zip line stunt at Arrowhead Stadium... home of the Kansas City Chiefs. What Dan anticipated being the thrill of a lifetime ended up being the spill of a lifetime. The stunt went terribly wrong and Dan plummeted 75 feet before crashing into the stadium seats. Miraculously Dan survived. He spent 9 days in the hospital and got some really big scars. Dan smiles when he says, "Scars are just Tattoos that come with a Cool Story". During this powerful presentation Dan shares his incredible story and the important lessons that he learned during his long road to recovery about leadership and about life.

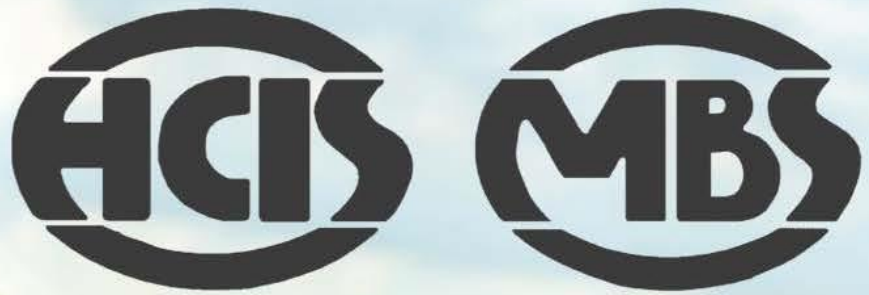
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**Trade Show and Headshot
Lounge- 10:30-1:15 PM
Kansas Star Arena
Lunch on the tradeshow floor.
Lunch Sponsored by:**



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**THURSDAY,
SEPTEMBER 28, 2023
1:30-2:45 P.M.**




Child Care in LTC Communities: Teaming up for Success (1.5 RC)
Melissa Schoenberger, KDHE, Clint Arndt and Ashley McIlvain, Sunflower Care Homes
AL, HP, ADM, OPR, SNF (Studio AB)

In this session, Melissa Schoenberger from the KDHE Bureau of Family Health and Child Care Licensing Program will discuss the opportunities that LTC communities have to create child care programs in their communities for a win/win for residents and staff. Melissa along with others from KDHE will walk you through the process and requirements of gaining this additional license. Clint Arndt, Owner and Ashley McIlvain, Director of Childcare services from Sunflower Care Homes in Emporia will talk about the process they went through to open the child care program within their Home Plus and how their “outside of the box” thinking is helping their staff recruitment and retention efforts in addition to the positive effect it’s having on resident quality of life.




Differentiating Dementias (1.5 ADM)
Amy Siple
AL, HP, SNF, OPR, ADM, OPR, Nurse, SW (Studio C)

This presentation explores the clinical evaluation of dementia and the cognitive assessment tools we use. Profiles of common dementias will be discussed and the associated neuropsychiatric symptoms will be addressed.



Managing Change in Senior Care (1.5 ADM)
Lou Ann Brubaker
SNF, ADM, Nurse, OPR, SW, Dietary (Studio DE)

If time has taught senior care anything it is that change is the only constant. From the increasing acuity of assisted living residents and regulatory scrutiny to staffing challenges, the process of change never stops in post-acute care. Success depends on how well leaders guide staff to get from HERE to THERE. Helping your team through the ‘psychological journey’ associated with change is one of an assisted living leader’s most important roles. This program focuses on the strategies that make a remarkable difference— keeping an eye on staff stress, engaging at the right moments, and addressing staff resistance.



Open Office Hours with KHCA Clinical Consultant Linda Farrar
Linda Farrar
(Kansas Boardroom)

Do you have SNF regulatory or clinical questions you need answers to? This is your opportunity to get questions answered at Open Office Hours with KHCA Clinical Consultant Linda Farrar.



BREAKOUT SESSIONS

Amy Siple

Amy Siple is a national speaker on health care issues that impact older adults and the empowerment of health care givers. She has been serving the primary care needs of residents in long term care as a nurse practitioner for over 23 years. Amy has been appointed by three Kansas Governors to serve on boards and task forces to represent the needs of older adults and currently serves on the Kansas board for Adult Care Home Executives. Amy is a Tedx speaker and a content expert for Project Echo. Under her leadership as President of the Kansas Advanced Practice Nurses Association, Kansas became the 26th state to pass full practice authority for APRNs in 2022.

Lou Ann Brubaker

Lou Ann Brubaker is a highly accomplished Senior Health Care Consultant, Entrepreneur, and Educator with more than 36 years of success within the post-acute care marketplace. Leveraging extensive experience working with individuals from the C-suite to the front line, Lou Ann is a valuable asset to senior care provider organizations in market strategy, leadership development, occupancy growth, customer service, and board governance. She works with senior care providers throughout the US. Lou Ann is the President and Founder of Brubaker Consulting.

Lou Ann is a highly sought after speaker at both national- and state-level senior care conferences. Most requested topics currently include staff stability, occupancy/mix development, and front-line leadership skills.

She has a remarkably diverse background. Her earliest work included administration of a senior citizen utility assistance program, as well as writing governmental policy. She transitioned an in-house advertising agency of a leading senior care medication distribution systems company to a revenue-generating division, while also directing the company's sales efforts.

Lou Ann holds a B.S. in Public Policy from Kent State University.

She is Past Chair and Past Director of the Board of Trustees for the Beacon Institute, the educational affiliate of the Lifespan Network, Maryland's largest senior care organization. She also served as a nationally elected Director of the Business & Professional Women's Foundation, Washington, DC

Melissa Schoenberger

Melissa Schoenberger is the Director of Systems & Field Services for the Child Care Licensing Program at the Kansas Department Health and Environment. She has been working in child care licensing for the last 18 years providing support, guidance and solution focused ideas at the local level addressing community needs in a regulatory framework.

Clint Arndt

Clint Arndt is Owner and Operator of Sunflower Care Homes, LLC in Emporia and Morningstar Care Homes of Baldwin City. His homes live by their mission statement, "Enhancing Life and Excelling in Compassion". With four homes currently open and one set to open by the end of the year in El Dorado, he knows what it truly means to care for memory impaired elderly in the state of Kansas.

His homes are bringing a new vision to home plus facilities. He has integrated childcare within the home to provide enhanced intergenerational activities. This has been beneficial to both the elderly, staff members and the youth served by his homes. Knowing the lack of childcare facilities and elderly facilities in the state of Kansas, this service is a benefit to any community.


Clint is a veteran of the United States Army and has an extensive background in real estate and property management. He is a graduate of Emporia State University. As an alumnus of the KCAL Adult Care Homes Operator Course, he knows first-hand what it takes care for his residents. He and his wife grew up in the Emporia area and have strong ties to the community. They have both had experience with the struggles of memory impairment within their own family and that sparked the passion in them to create these homes. They strive to be advocates for patients and families dealing with the diagnoses and the needs that arise as the disease progresses.

Ashley McIlvain

Ashley McIlvain is Human Resource Director of Sunflower Care Homes. They are a Home Plus specializing in Alzheimer's Dementia, Parkinson's, and other memory impaired diseases. They have two homes in Emporia and are currently are expanding. Ashley oversees the Child Care Daycare as well. Sunflower Care Homes enjoy their focus on intergenerational experiences by bringing the seniors and children together and watching the magic of them interacting with one another.



**THURSDAY,
SEPTEMBER 28, 2023
3:00-4:15 P.M.**




Admission, Transfers & Discharge in the State Licensed Only Setting (1.5 RC)

Joan Hudson

AL, HP, OPR, Nurse, SW (Studio AB)

Admission, Transfer, Discharge including Involuntary discharge. What needs to be in place and what needs to be in your admission agreement. In this session with Joan Hudson, KCAL Consultant we'll look at this from a regulatory point of view but also a resident rights point of view to make functional, working policies. Are you fulfilling the regulatory obligations if you have to transfer or discharge?



5 Proactive and Reactive Interventions to Better Connect Through Behavioral Expressions (1.5 ADM)

Brenda Gurung and Shelly Jay

SNF, ADM, Nurse, SW, AL. HP (Studio C)



This interactive workshop will escort participants through both proactive and reactive interventions we utilize with residents in our communities. We will incorporate opportunities for roleplays with other participants to practice skills. Additionally, we will provide tools that professionals can utilize with their own residents. This will be an inclusive, welcoming space.



Achieving Great Customer Service in Care (1.5 ADM)

Lou Ann Brubaker (Studio DE)

AL, HP, SNF, ADM, OPR, Nurse, SW (Studio DE)



Residents and families have HIGH expectations of senior care providers. The good news is that there's an easily implemented formula to meeting/exceeding those expectations. When achieved, nearly every other goal also is more easily met, especially occupancy AND staff stability. This program targets the critical elements that define and contribute to customer 'delight'. It describes how to model and embed service excellence within any center's culture and staff's daily efforts.



AIT Preceptor Meeting (1.5 RC)

Steve Hatlestad

SNF, ADM (Star Boardroom)

Are you a current Administrator In Training (AIT) Preceptor or are you interested in becoming one? Come learn what it takes to become a preceptor or come communicate with other preceptors on their experiences. Together you can discuss how you can provide a solid foundation for our future administrators.



Joan Hudson

Joan Hudson is a Registered Nurse Board Certified in Gerontology and a Licensed Nursing Home Administrator with roots in Long Term Care and Assisted Living. Joan worked her way through entry level positions in the beginning of her career serving in housekeeping, dietary, C.N.A., and nursing roles including Director of Nursing, then finally as an administrator of a 56 bed community. Joan transitioned to Assisted Living as a compliance nurse for a large ALF in Topeka where she worked for nearly four years. In December of 2019, she became the Administrator for Interim Home Health and Hospice which currently serves approximately 300 elders from Manhattan to Lawrence, KS. Joan continues her consulting business for state licensed homes as well as serving as the clinical consultant for KCAL. She enjoys sharing her gained knowledge and experience to help others grow in the senior care field.

Brenda Gurung

Brenda Gurung is a credentialed dementia specialist and Forbes Health Advisory Board member. She serves as national Memory Care Specialist for Anthology Senior Living and volunteer community educator for the Alzheimer's Association. She advocates for inclusive spaces and voices.

BREAKOUT SESSIONS

Steve Hatlestad

Steve has over 46 years experience in operating long term care and assisted living communities with a continued passion of delivering innovative care to our frail elders.

For 20 years he worked for Americare Systems, Inc. a privately held provider of Long Term Care and assisted living communities operating in 4 states with over 3,000 residents and 2800 employees. He was the Vice President of the Skilled Division directly responsible for 25 skilled nursing facilities covering Missouri and Kansas with an operating budget over 5.7 million. He was also responsible for overseeing two regional managers and four nurse consultants. Steve retired from Americare in December 2021 and serves as KHCA's AIT Program Consultant.

Before that he worked for Life Care Centers of Americare for four years as the Regional Director of Operations. He was responsible for 19 Skilled Nursing Communities in Nebraska, Kansas and Missouri with over 2800 residents and 2400 employees. He also worked for Horizon Health Care and Manor Health Care. Steve will bring to you the experience and the knowledge to guide you through our AIT program.



Wifi Instructions

1. Settings
2. WiFi
3. Choose Network "Kansas Star Meeting Rooms"
4. Check Box to Accept User Policy
5. Enter Username & Password (Case Sensetive)


Username: KHCAKCALConvention

Password: WeLoveUHC





**FRIDAY,
SEPTEMBER 29, 2023
9:00-9:50 A.M.**



Data and the Connection to Improving Outcomes, Systems, and Processes for Assisted Living (1.0 ADM)

Pam Truscott

AL, HP, OPR, Nurse (Studio AB)

Assisted living providers are tasked with providing the best quality of life, services, and care to residents who reside in them. This dedication to providing quality balances on the ability to learn from experience, collect information, and make improvements. Data is all around us, but often we don't know what to do with it. Data plays a key role in improving outcomes, decreasing falls, and providing person-centered care. This session will be aimed at improving resident and staff outcomes through understanding data collection and analysis, continuous improvement systems, and engagement in the quality journey for sustained results in assisted living.



Ethics: Truth, Transparency and Trust (1.0 ADM)

Christine Jordan

AL, HP, SNF, ADM, OPR, Nurse, SW (Studio C)

A code of ethics provides a framework by which we center ourselves and focus our thinking so that we can, in turn, provide help and guidance to residents, their families, and the staff with whom we work. By adhering to the principles of our ethics, we develop relationships by being transparent and truthful which results in trust. This is essential when working to develop reputation of ourselves, our profession and our facility.



Medicaid Reimbursement Transition to PDPM, Effective July 1, 2024 (1.0 RC)

David Halferty

SNF, ADM, OPR, Nurse, SW (Studio DE)

Dave Halferty from Myers and Stauffer will cover reimbursement, scenarios and timelines for the Medicaid Reimbursement Transition to PDPM Effective July 1, 2024. Other representatives from KDADS and Myers and Stauffer will be in attendance to help answer questions including Sheri Jurad, Trecia Powers and Chris Lewis.



Open Office Hours with KHCA Clinical Consultant Linda Farrar

Linda Farrar

(Kansas Boardroom)

Do you have SNF regulatory or clinical questions you need answers to? This is your opportunity to get questions answered at Open Office Hours with KHCA Clinical Consultant Linda Farrar.



Pam Truscott

Pamela Truscott is the Director of Quality Improvement with the National Center for Assisted Living (NCAL). She joined the NCAL family in October 2022 and prior to that worked with the [American Health Care Association \(AHCA\)](#) as the Director of Quality and Regulatory Services. Pam has been actively involved with a variety of educations, tools, and resources since joining the AHCA/NCAL family.

Pam has over 25 years of long-term care experience and shares a passion for growing education and cultivating new leaders in long-term care. She received a Doctor of Nursing Practice degree with a focus on Healthcare Systems Leadership in August 2022 from Chamberlain University and a Master of Science in Nursing degree with a focus in nursing education from Chamberlain College of Nursing in 2014.

Pam is a Registered Nurse and is certified in multiple areas related to long term care. Pam has served as a Silver Examiner and has conducted multiple Bronze and Silver workshops.

Christine Jordan

Is a Licensed Master Level Social Worker for the state of Kansas and has over 30 years experience as Director of Social Services Long Term Care. She currently is the Social Work consultant for KHCA. Christine enjoys training others to enhance their skill set.

BREAKOUT SESSIONS

Dave Halferty

Dave Halferty is currently a senior Manager at the Topeka CPA Firm Myers and Stauffer LC. Myers and Stauffer is a certified public accounting firm dedicated to government health programs. Before moving to his role at Myers and Stauffer, Dave was the Commissioner of Financial and Information Services at KDADS. Dave received his Masters of Business Administration (MBA) from Washburn University.





**FRIDAY,
SEPTEMBER 29, 2023
11:15 – 12:30 PM**



AL Regulatory Networking (1.5 ADM)

Joan Hudson, RN-BC, LNHA

All providers working in Kansas State Licensed Only Communities (Studio AB)

Join Joan Hudson, KCAL Clinical Consultant for a State Licensed Only Regulatory and Networking Session. This includes Assisted Living, Residential Health Care and Home Plus. Joan will review the most recent survey findings available from KDADS and facilitate a discussion amongst participants about survey experience. Join the session to learn from each other, get questions answered and talk about the latest trends.



SNF Networking Session (1.5 ADM)

Linda Farrar and Cynthia Pendleton

All providers working in Skilled Nursing Facilities (Studio DE)



Join KHCA Clinical Consultant Linda Farrar and Cynthia Pendleton, KHCA Facility Standards Vice President, for a SNF Regulatory Networking Session. Time will be spent discussing survey trends over the past year. Please join this session to gather information, get questions answered and talk about best practices.



First Time Attendee?

Bring your business cards! Ask Questions?

Dress in layers, as temperatures may vary in meeting rooms.



BREAKOUT SESSIONS

Joan Hudson

Joan Hudson is a Registered Nurse Board Certified in Gerontology and a Licensed Nursing Home Administrator with roots in Long Term Care and Assisted Living. Joan worked her way through entry level positions in the beginning of her career serving in housekeeping, dietary, C.N.A., and nursing roles including Director of Nursing, then finally as an administrator of a 56 bed community. Joan transitioned to Assisted Living as a compliance nurse for a large ALF in Topeka where she worked for nearly four years. In December of 2019, she became the Administrator for Interim Home Health and Hospice which currently serves approximately 300 elders from Manhattan to Lawrence, KS. Joan continues her consulting business for state licensed homes as well as serving as the clinical consultant for KCAL. She enjoys sharing her gained knowledge and experience to help others grow in the senior care field.

Linda Farrar

Linda is a Registered Nurse, a Licensed Nursing Home Administrator and a Certified Dementia Care Specialist. She obtained her Bachelor of Science in Nursing from the University of Iowa in Iowa City, Iowa. She began her Long Term Care career at a retirement center in Wichita, first as a unit supervisor, then the Director of Nursing position and later as a Licensed Nursing Home Administrator. In June 2011 Linda retired from the full-time duties of administration. Linda's passion is to continue to serve elders and their family members in compassionate, person-directed and centered care. She currently serves as the head of the Kansas Dementia Partnership and serves on the Quality Committee for the Kansas Health Care Association. Linda is also a clinical consultant of the Kansas Health Care Association and the Kansas Centers for Assisted Living.

Cynthia Pendleton

Cynthia Pendleton is a registered nurse and LNHA. She is a regional nurse consultant for Americare Senior Living. She is also the current Vice President of Facility Standards for the Kansas Healthcare Association. She has been working in skilled nursing for the last 15 years.

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- Membership Inquiries
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BRONZE AWARD

WORKSHOP SERIES



November 8 & 15
1:00 PM to 3:00 PM CT



DISCUSSIONS

SESSION 1

Understanding the Baldrige framework.
Describing the quality award process.
Review of the organizational profile.

SESSION 2

Review of the organizational profile.
Results and feedback.

If your organization has thought about participating in the AHCA/NCAL National Quality Award program, this is your opportunity to complete the Bronze Award application from beginning to end with coaching support along the way from our expert facilitator.

This workshop is about more than an award; besides gaining a better understanding of what examiners are looking for and how to use the award criteria as an improvement tool, you will learn how to use the award process to focus, align, and accelerate your performance excellence efforts - becoming a high-performing organization.

REGISTRATION

www.khca.org



The 2023 Annual Business meeting will be held Friday, September 29, 2023, from 10:00 - 11:00 AM, in the Kansas Star Arena. All members are welcome - and encouraged - to attend the Annual Business Meeting! All members in good standing are eligible to vote, but remember:

If you wish to receive CE hours for attending you MUST scan the QR Code provided during the meeting. This must be completed before the end of convention.

*Listen as CEO Linda MowBray and Board President Della Ribordy update members on association business and outline what we've got in store for the rest of 2023 and 2024. Plan to attend - you will not want to miss what this meeting has to offer! The Annual Meeting Packet can be accessed on the **members only** section of our website. If you don't already know the password, email us at khca@khca.org*

TIME TO UPDATE YOUR HEADSHOT!



KHCA/KCAL is hosting a free Headshot Lounge for Convention attendees.

The Headshot Lounge will be held on the Trade Show Floor in the Kansas Star Arena, and will be open @ 11:30am - 1:15pm Thursday, September 28th!



You are encouraged to drop by the Headshot Lounge to get a free professional headshot. The Lounge will be a great opportunity to network and get a new personal photo emailed to you to use for your professional needs and to update your social media accounts. Start practicing your best smile now and be sure to stop by the Headshot Lounge at the Annual Convention!



2023 COMMITTEE INFO



Find your seat at the KHCA/KCAL Table!

While KHCA/KCAL greatly appreciates your financial support of our programs and services, of equal importance is your active participation and involvement in Association affairs.

Below is a list of the committees seeking provider volunteers:

- * **Education:** The objective shall be to develop educational opportunities for staff working in Long Term Care.
- * **Facility Standards:** The objective shall be to develop and promote culture change, develop and improve facility Standard indicators and Quality Improvement indicators for the membership.
- * **Government Affairs:** The objective shall be to support and develop legislation and regulations favorable to the residents and providers of long term health care.
- * **Nursing Advisory Committee (NAC):** The objective shall be to develop continuing education programs for LTC nurses and further LTC's nursing professionalism.

(NOTE: Sales Associate Members may serve on KHCA/KCAL committees in an advisory, non-voting capacity.)

If you are interested in signing up to serve on any of these committees, please stop by the Registration Desk any time during the Convention. We will have sign-up sheets available, and can answer any questions. If you have questions after the Convention ends, please contact us at our office (785) 267-6003 or by email khca@khca.org.



NAC Raffle



All proceeds will go toward
the Nurse Advisory Committee
Joan Hamel Scholarship Fund

1 ticket for \$20, Cash, Check or Credit Cards Accepted.

December 31, 2023 Chiefs vs Cincinnati Bengals

2 Tickets and they are Section 121, row 5 seats 3 & 4 and one parking pass. The seats are behind the Chiefs bench, on the 30 yard line.

Special Thank You Breathe Oxygen & Medical Supply for Donating the tickets !





Registration Steps

Step 1: Go to www.khca.org and find the Education Drop Down

Step 2: On the Education Calendar, locate “73rd Annual Convention and Trade Show” on September 27th.

Step 3: Follow the prompts to complete your registration!

Need help? We can talk you through it. Please call or e-mail the KHCA/KCAL office for assistance 785-267-6003 or khca@khca.org.

OPTIONS

MEMBER PRICING *Per Individual*

NON-MEMBER PRICING *Per Individual*

Pre-Conference Session

*Developing Confident Senior Care Managers
Not required that you attend Convention to attend Pre-Conference*

Before Sept 13, 2023 - **\$99**

After Sept 13, 2023 - **\$129**

Before Sept 13, 2023 - **\$129**

After Sept 13, 2023 - **\$159**

Full Convention - 2 Days

Annual Meeting is held Friday September 30th

Before Sept 13, 2023 - **\$219**

After Sept 13, 2023 - **\$249**

Before Sept 13, 2023 - **\$299**

After Sept 13, 2023 - **\$399**

****Please note that all invoices must be paid in order to receive continuing education credits for the Convention.**

CANCELLATION POLICY: When written noticed is received at least 5 days prior to the event a refund will be given minus an administrative fee of 25% unless otherwise noted. Attendee substitutions are permitted.

Cancellations made within 48 hours of the in-person event will NOT receive a refund. An attendee substitution is recommended.

HOTEL INFORMATION



The 2023 KHCA/KCAL Convention will be held at the
Kansas Star Event Center
777 Kansas Star Dr., Mulvane, KS 67110



We have rooms blocked (connected to the event center) at the Hampton Inn & Suites, 785 Kansas Star Dr., Mulvane, KS 67110 offering a special rate of **\$109 until all of the rooms in the block are reserved. Breakfast is included in this room rate.**

To reserve your room(s) call (316) 524-3777 Group Code: KHC or go to: [Click here](#)
Hotel Room Block Opens August 16, 2023

Cancellation Policy: Individual reservations can be canceled up to 24 hours from arrival without penalty. If less than a 24 hour notice is given, individual may be charged up to one full night's rate.

Hotel Information: Check In Time 3 pm, Check Out Time 11 am, Early Check In/Late Checkout: Cannot be guaranteed

Reserved Space: KSEC

Amenities:

Breakfast: Complimentary hot or cold buffet served from 6 am to 10 am.

Fitness Center: Access to our 24 hour fitness center is included with each room reservation.

Dining: 4 on-site restaurants located through our lobby in the Kansas Star Casino.

Delivery: Two (2) Local Pizza restaurants deliver to the hotel.

Parking: Complimentary Parking

MAP TO EVENT CENTER

KANSAS STAR

casino ★ hotel ★ event center

ALL HERE. ALL YOURS.

Kansas Star Event Center

777 Kansas Star Dr.

Mulvane, KS 67110



Hampton Inn & Suites

785 Kansas Star Dr.

Mulvane, KS 67110



RECEIVE A FREE T-SHIRT WITH EACH REGISTRATION!

SPONSORERED BY:



**Registration must be received by
September 5th to receive FREE Convention shirt!**



SAVE THE DATES!

Mark your calendar today for these upcoming dates, including next year's Convention, to be held in September at the Kansas Star Event Center in Mulvane

November 6-9, 2023

DON Bootcamp

November/December 2023 - Virtual Adult Care Home Operators Course

April 19, 2024 - Lawrence Assisted Living Conference

September 25-27, 2024 - Mulvane Annual Convention & Trade Show



Sponsored By:



Wifi Instructions

1. Settings
2. WiFi
3. Choose Network "Kansas Star Meeting Rooms"
4. Check Box to Accept User Policy
5. Enter Username & Password (Case Sensetive)

Username: KHCAKCALConvention

Password: WeLoveUHC





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Thank you for all that you do
to help and support seniors across Kansas
with the care and services they need.

SILENT AUCTION



Please consider Donating to a Good Cause!



Take this opportunity to showcase your care home and caregiving in Kansas, don't be afraid to show off! If you or your corporation has something special that you would like to highlight, please let us know...we are accepting all items (not just in baskets!) for this worthwhile cause!

Please contact any of our committee leads to them know if you'll be creating a basket or contributing an exceptional item to the auction! We'll make sure there's enough space.

All Proceeds go to the Foundation for Aging & Care of Elders in Kansas*, to be used toward education for Direct Care Staff.

***Questions? Kristina Clevenger with Auburn Pharmacy—kclevenger@auburnpharmacies.com
Lachelle Peterson with Kansas Mobile Solutions—lachelle.peterson@ksmobilesolutions.com***



BASKET IDEAS



Bath & Body Works
Family Fun
Wine and Cheese
Golf Lover
Date Night
BBQ
Art Supplies
Christmas

Dog Lovers
Sports Theme
Everything Chocolate
KU
KSU
WSU
Chiefs
Starbucks

Rainy Day
Tailgating
Kitchen Gadget
Relaxation
Italian Night
Game Night
Gift Cards
Car Care

*The Foundation for Aging and Care of Elders of Kansas, Inc (FACE of Kansas) was established in 2006 to provide a community organization to promote quality care in Kansas adult care homes. FACE of Kansas seeks to improve the quality of care and services and the quality of life for elderly and disabled Americans, through opportunities under which members may exchange ideas and obtain education to improve the knowledge, abilities and standing of the adult care home profession.



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REVENUE CYCLE MANAGEMENT ACADEMY



Securing Payment for Quality Patient Care



See the KHCA/KCAL Team at
Registration to Purchase

Documentation Guidelines

\$12.00

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Caring for Seniors in the Heartland
www.khca.org 785-267-4003

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\$12.00

**MEDICATION
MANAGEMENT
GUIDE**

**FOR KANSAS
STATE
LICENSED
ONLY**

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LIFE CARE ASSOCIATION

**KCAL
Policies &
Procedures
\$150**

**ADULT CARE HOME
SAMPLE POLICIES &
PROCEDURES**
For State Licensed Only Homes
in Kansas

Special Thanks to
KCAL Clinical Consultant Joan Hudson, RN-BC,
LNHA for taking the time to create these resources
for Adult Care Homes in Kansas.

**ADULT CARE HOME
Regulations and Resources**

Resources provided to you by the
Kansas Centers for Assisted Living

Kansas Statutes and Regulations for the Licensure and Operation of:	Kansas Board of Nursing N Practice Act Statutes & Administrative Regulation
Assisted Living and Residential Health Care	Resident Functional Capa Screening Manual
Home Plus	Dietary Guidelines
Adult Day Care	Additional Resources
Fire Marshal Regulations	

Print date August 2020

**Adult Care
Home
Regulations
\$89**

**LTC
Survey
Manuals**

**LTC SURVEY
MANUAL**

AHCA



**Operator
Alumni Pin
\$10.00**

Care Plan Guideline
The Instruction Manual for Quality Care

\$12.00

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www.khca.org 785-267-6003

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NURSING

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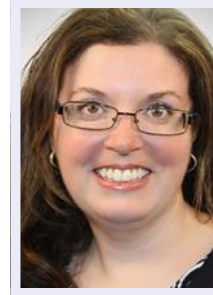
**IF YOU HAVE REASONABLE SUSPICION THAT A CRIME HAS
OCCURRED AGAINST A RESIDENT OR PERSON RECEIVING CARE AT
THIS FACILITY, FEDERAL LAW REQUIRES THAT YOU REPORT YOUR
SUSPICION DIRECTLY TO THE LAW ENFORCEMENT AND THE
STATE SURVEY AGENCY.**

KHCA kcal
Caring for Seniors in the Heartland

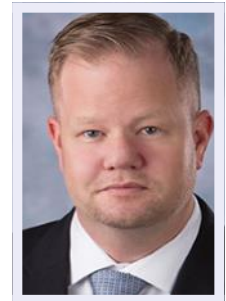
**Required
Facility
Postings**



Chairperson of the Board:
Della Ribordy
 Americare Systems, Inc.



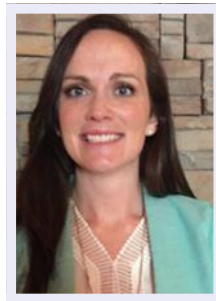
Immediate Past Chair:
Staci Cardenas
 Recover-Care



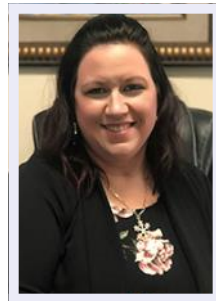
*Vice President/
 Treasure:*
Anthony Johnson
 Recover-Care



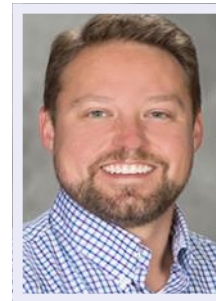
KCAL Interim President:
Suzie Sexton
 Delaware Highlands
 Assisted Living



Facility Standards VP
Cynthia Pendleton
 Americare Systems, Inc.



Education VP:
Melanie Butler
 Shawnee Gardens
 Healthcare and Rehab
 Center



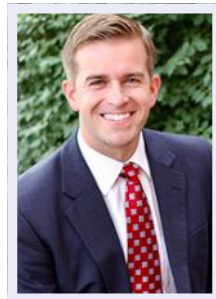
Government Affairs:
Levi Davis
 Prairie Ridge Health &
 Rehabilitation



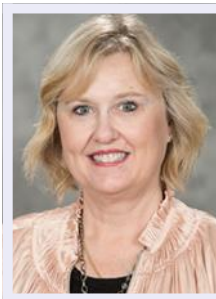
Membership VP:
Kendal Kappeler
 HMG Healthcare, LLC



Independent Owners VP:
Angela Moore
 Sharon Lane Health
 Services



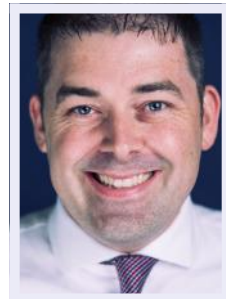
Multi-Facility VP:
Kevin Crowley
 Diversicare



Not-for-Profit VP:
Tammy O'Donnell
 Ross Hall



*Nurse Advisory
 Committee Chair:*
Teresa Coover
 Medicalodges, Inc



District 1 VP:
Brian Barbeau
 Axiom HealthCare
 Services



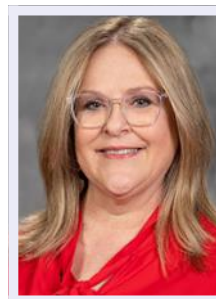
District 2 VP:
Travis McBride
 Medicalodges, Inc.



District 3 VP:
Ben Leiker
 The Healthcare Resort
 of Topeka



District 4 VP:
Rodney Whittington
 Advena Living



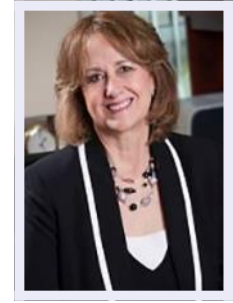
District 5 VP:
Tricia Phillip
 Axiom HealthCare
 Services



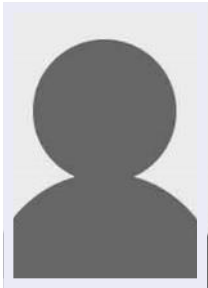
District 6 VP:
Julie Diehl
 Frontline Management



Interim President
Suzie Sexton
 Delaware Highlands
 Assisted Living



Immediate Past Chair:
Denise German
 Gran Villas Assisted Living
 Communities



Vice President
Formally Suzie Sexton



Secretary/Treasurer
Brett Pu
 Brookdale Rosehill



District 1 VP
Miles Nease
 Mission Chateau Senior Living
 Community



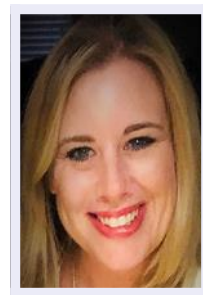
District 2 VP
Lisa Johnson
 Emporia Place



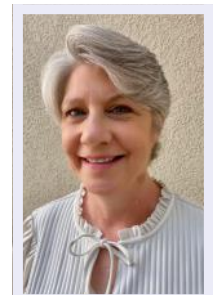
District 3 VP
Shane Horsch
 Oak Creek Senior Care



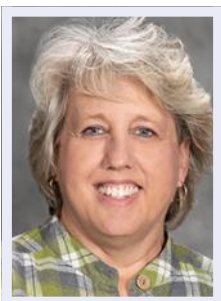
District 4 VP
Joye Gfeller
 Brookdale Salina Kirwin and
 Brookdale Topeka



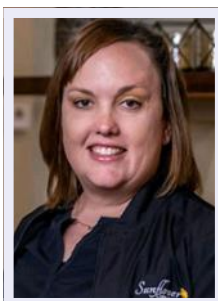
District 5 VP
Jennifer Scheck
 Wellsprings of Wichita LLC



District 6 VP
Juli Hickenbottom
 Brookdale Senior Living



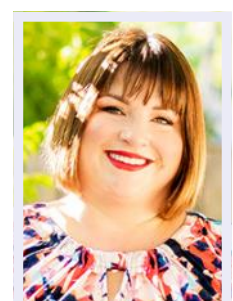
District VP Coordinator
Shelley Gromer
 Guest Homes Estates



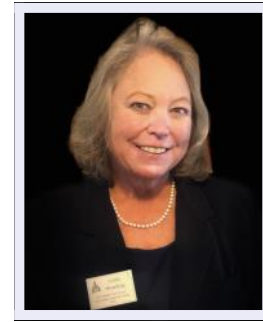
Home Plus VP
Lori Owen
 Sunflower Care Homes, LLC



Member At Large
Jeremy Whitt
 Delaware Highlands Assisted
 Living



Member at Large Home Plus
Kasey Breidenthal
 Comfort Care Homes, Inc.



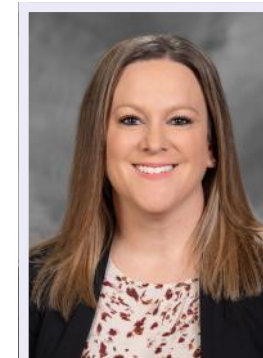
Linda MowBray
President / CEO
lmowbray@khca.org

Linda joined KHCA/KCAL as Education Director in October 2001. Previously, she served 14 years as Social Services Director at a skilled nursing center. In April 2013, she was promoted to Director of the Kansas Center for Assisted Living, working closely with the state licensed only homes on regulatory issues, compliance, reimbursement, KanCare and special projects. In January 2020, Linda was selected as KHCA/KCAL's President and CEO. Linda's Bachelor's degree is from Washburn University in Topeka, and she retains her registered Operator status.



Polly Berkley
VP of Operations and Education
pberkley@khca.org

Polly joined the KHCA/KCAL staff in January of 2014 after spending 13 years in the Corporate Events world. Polly has a Bachelor of Science degree in Sociology with a minor in business from Emporia State University and is a Registered Adult Care Home Operator. She currently serves on the AHCA Long term care meeting planner society board. As well as manages daily operations of the Association. She takes pride in organizing and planning valuable education events for providers across the state of Kansas.



Jennafer Sumner
Director of Membership
jsumner@khca.org

Jennafer joined KHCA/KCAL in July of 2013 with 11 years of healthcare experience, seven of which were business related. After a year and a half of serving as the Director of Finances for KHCA/KCAL, in February 2015 she transitioned to Director of Membership. Jennafer is a Registered Adult Care Home Operator and is the association lead for member communications and recruitment.



Kristin Plantz
Director of Finances
kplantz@khca.org

Kristin joined the KHCA/KCAL staff in February 2015, with more than eight years of accounting experience. She earned her Bachelor's degree in Accounting from Emporia State University. Kristin is a Registered Adult Care Home Operator and is essential to the financial management of both KHCA and KCAL.



Teresa Keating
Special Programs Coordinator
tkeating@khca.org

Teresa joined the KHCA/KCAL staff in April 2021 with 20 years of association experience, with nine years of that being health care related. Teresa is a Registered Adult Care Home Operator and is the Association lead in our newest education endeavor the KHCA Administrator In Training (AIT) Program.