

SKILLED NURSING | ASSISTED  
LIVING | RESIDENTIAL HEALTH  
CARE | HOME PLUS

# KHCA/KCAL MEMBERSHIP RESOURCE PACKET

Caring for Seniors in the  
Heartland since 1951.

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Kansas Health Care Association  
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# WELCOME TO KHCA/KCAL

## Over 70 years of service

Kansas Health Care Association (KHCA) is a statewide non-profit association that represents over 260 long term care communities, both for-profit and not-for-profit. The Kansas Center for Assisted Living (KCAL) is an extension of the association that serves the interests of Kansas's state-licensed-only homes. Our members provide services to nearly 20,000 people each day and employ more than 20,000 Kansans. Our members—owners, administrators, and staff members just like you—know this profession better than anyone else. That's why our united voice is so strong in the Capitol. Our members also drive our educational opportunities, keeping you updated and educated on complex issues such as MDS, PDPM, the QIS process, Medicaid rules and reimbursements, along with Infection Control, Regulatory, and Survey Trends. Since 1951, we've been giving you the best tools and information possible to help you operate your business successfully.

Without KHCA/KCAL, the voice of Kansas long term care facilities would not be heard in the Capitol. Rules and regulations would be passed without the input of the very long term care centers they affect. Facilities would also be forced to interpret those regulations on their own.

KHCA/KCAL represents skilled nursing care centers, assisted living, residential care home, home plus, independent senior living communities, skilled nursing for mental health and hospital-based long term care.

FOR MORE INFORMATION ON KANSAS HEALTH  
CARE ASSOCIATION, VISIT [WWW.KHCA.ORG](http://WWW.KHCA.ORG).

# BENEFITS OF MEMBERSHIP

## Advocacy

Because many long term care and skilled nursing care centers rely on Medicaid and Medicare reimbursements for their residents, state and federal budget talks are not an issue you can afford to ignore. Along with our parent organization, the American Health Care Association, we closely monitor all legislation that could affect the care our members deliver. During the Legislative Session, KHCA President and CEO, Linda MowBray, attends meetings almost daily with state lawmakers to make sure KHCA/KCAL members' voices are heard. Outside of Session, KHCA/KCAL is in close contact with state officials from various agencies to ensure you are not only kept up-to-date on regulation changes, but your expertise is put to use at the state level. After all, who knows this profession better than those who run it?

## News and Trends

As a member of KHCA/KCAL, you have access to valuable information that can assist you with day to day operations, regulatory compliance, quality improvement activities, resident quality of life, reimbursement, and much more. KHCA/KCAL communicates many of these updates through our newsletters and other publications throughout the year.

## Networking Opportunities

KHCA/KCAL provides many opportunities for members to meet and network with other long-term and post-acute care professionals. One way to take advantage of networking at no cost is through member committee meetings and participating in other events throughout the year, which can be found in our publications or on our website ([www.khca.org](http://www.khca.org))

## Online Resources

KHCA/KCAL maintains a members-only section on our website for member resources on specific long-term and post-acute care topics and issues. Contact us to get the most current member access codes if needed.

## Careers and Workforce Development

Visitors can find the latest information and tools available to enhance the careers of all current and aspiring post-acute and long-term care professionals. Job seekers can post resumes and view jobs, and employers can post jobs and view resumes.

## Online Vendor Locator

Business partners are listed in this online tool allowing an easy search by vendor category. KHCA/KCAL encourages members to support business partners when searching for new products or vendors.

## Online Care Provider Finder

KHCA/KCAL lists all members on our website. The association updates this tool in real-time and is frequently used by consumers looking for care providers.



# LEGISLATIVE

## 2023 Legislative Wins

- Full rebase to the Medicaid rates using cost years 2020 -2022. This added 83.9 million to the overall budget (all funds)
- Medicaid add-on of \$19.54 per Medicaid Resident per day from July 1, 2023, to June 30, 2024 adding 61.7 million to the overall budget (all funds)
- HCBS Rate Increase
  - FE: from \$5.04 to \$5.55
  - PD: \$3.76 to \$4.55
- Added Proviso – “Legislative committee to study nursing home rates during interim committee sessions prior to 2024 legislative session”
  - A Legislative committee met for two days to discuss Medicaid reimbursement rates and the need to continue to stabilize providers in order to prevent closures.
- Facility Operated Beauty/Barber Shops
  - Placed into statute that facility operated beauty/barber shops are not inspected by the state cosmetology board but by KDADS. This ended a 30 year back and forth between agencies on who had jurisdiction.

## 2023 Legislative Stops

- Stopped adding Appeal rights for Assisted Living Residents who have been given a 30-day notice
- Stopped requiring individuals riding in facility owned vans use of their own personal handicapped placard instead of issuing a license tag for the van to the facility
- Stopped “No patient left alone” which would have requiring facilities to allow in-person visitation despite federal mandates

## Legislative Goals for 2024

- 1. Ask Legislature to extend Medicaid add-on through Fiscal Year 2027.**
  - Allow for parity adjustments for transition from RUGS based CMI to PDP.
- 2. Ask Legislatures to consider provider assessment on MCO's to leverage Federal money to enhance total LTSS budget.**
  - Leverages additional provider-based funds to increase the upper payment limit (UPL).
  - No cost to the state.
  - Increase available funds for all Medicaid rates.
- 3. Consider behavioral health add on for Medicaid residents who have triggered for level II PASRR letter/special services or have a dementia and other behavioral diagnosis**
  - More opportunity for appropriate placement and treatment.
  - Supports resident centered care models
  - Supports decreased use of antipsychotic medications
  - Provides opportunity for better quality outcomes
  - Incentivize providers to expand behavioral health services.
- 4. Increase upper payment limit in cost reporting for the Real and Personal Property Fee.** The Real and Personal Property Fee is paid in lieu of an allowable cost of mortgage interest, depreciation, lease expense and/or amortization of leasehold improvements under the Medicaid reimbursement calculation. We hear from provider after provider that the \$10.47 is estimated to be \$25 to \$30 dollars per day as outlined on cost report data. This shortfall prevents providers from being able to improve their buildings or pursue any other capital projects.
- 5. Explore quality-based metrics and programs such as AHCA/NCAL Quality Awards (based on the Macolm Baldrige system) or Joint Commission to acquire “deemed status”.**
  - This would encourage quality improvement programs as well as potentially reducing the frequency of federal surveys.
- 6. Explore increasing the amount of personal needs allowance for residents on Medicaid in nursing homes. Currently, the rate is \$65 per month and has not been increased for over 10 years.**

# EDUCATIONAL OPPORTUNITIES

## Recognized Leader

KHCA/KCAL is the leading provider of long-term care education in the state. Our instructors are some of the best and most respected long-term and post-acute care experts in the nation. KHCA/KCAL remains dedicated to professional development within the long-term and post-acute care profession. The education offered is timely and relevant and receives excellent ratings from attendees.

KHCA/KCAL is an approved provider of Continuing Education for Administrators, Operators, Nurses, Social Workers and Dietitians.

## Regularly Scheduled Programming

KHCA/KCAL provides regularly scheduled programs for your needs. These events provide a foundation for your employees.

- Administrator in Training (AIT) Program
- Adult Care Home Operators Course
- Annual Convention & Trade Show
- DON Bootcamp
- Leadership for Charge Nurses
- Nurse Leadership Conference
- Life Safety Code Bootcamp
- Assisted Living Conference
- Assisted Living Lunch & Learns

In addition, KHCA/KCAL plans specific conferences for Activity Directors, Social Workers, Nurses, Maintenance, Dining & Nutritional Services and Assisted Living Workers allowing the opportunity for specific, focused education and networking for these groups.

## Webinars

This convenient format allows us the opportunity to provide education to our members from the comfort of their offices. Webinars focus on a wide variety of topics.

## Live Educational Seminars and Workshops

KHCA/KCAL provides numerous in-person seminars throughout the state of Kansas on a wide range of topics, including quality improvement, rules, and regulations, keeping our members continually up to date on the ever-changing profession.

## On-Demand Education

Did you know that KHCA/KCAL has a library of educational programming that you can use at any time convenient for you? Many are 90-minute webinars, while others are full-length courses including many of our regular scheduled programming from above. Check out our catalog [www.khca.org/education/on-demand-education/](http://www.khca.org/education/on-demand-education/)

## Share Your Expertise

KHCA/KCAL offers energetic and well-balanced educational programs that appeal to diverse audiences at all of our educational events. If you are interested in being considered for a speaking engagement with KHCA/KCAL, contact the association at [khca@khca.org](mailto:khca@khca.org) or find our proposal form on our website [www.khca.org](http://www.khca.org)

# COMMITTEE INVOLVEMENT

## Get involved with Your Association!

The Association welcomes and encourages member participation in the process of identifying, evaluating, and recommending action on the various policies, rules, and other forces impacting long-term and post-acute care. Committees and other Association groups provide many opportunities for members to become involved and benefit from the significant access to information and resources available through this participation. Association committees are open to any interested member. We invite you to review the following list of committees and consider becoming involved in the areas where you can share your experience. In consideration of members' time, KHCA/KCAL holds many meetings by conference call, and we often solicit committee members' input via email. To volunteer or to ask questions, please email [khca@khca.org](mailto:khca@khca.org). Thank you for considering the Association committee service!

### EDUCATION

The objective shall be to develop high-quality educational opportunities for the upcoming year for adult care home staff.

### FACILITY STANDARDS

The objective shall be to develop and promote culture change, and develop and improve facility standard indicators and Quality Improvement indicators for the membership. Members, join us the third Friday of every month at 10:00 a.m. for a deep dive on the top-rated findings and G+ Tags.

### GOVERNMENT AFFAIRS

The objective shall be to support and develop legislation and regulations favorable to the residents and providers of long-term health care.

### NURSING ADVISORY COMMITTEE (NAC)

The objective shall be to develop continuing education programs for LTC nurses and further LTC's nursing professionalism. Members, join us the third Friday of every month at 10:00 a.m. for a call to network, stay up-to-date on hot topics, and discuss education opportunities.



# KHCA/KCAL STAFF

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**AHCA**<sup>®</sup>  
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NATIONAL CENTER FOR ASSISTED LIVING