



Caring for Seniors in the Heartland

CNA/CMA Boot Camp

For CNA's & CMA's in Assisted Living, Home Plus and Residential Health Care settings



July 26, 2024

**Rasmussen University
3722 SW Burlingame Rd.
Topeka, KS 66609**

www.khca.org>education>education calendar



Agenda and Topics



- 8:30 am Registration and sign-in
- 9:00-9:10 Welcome, Intros and Orientation to CNA/CMA Boot Camp
- 9:10 – 9:40 **Principles of Assisted Living - Joan Hudson**
This session will review the core principles that guide Kansas Assisted Living practices including person centered care, dignity, autonomy and respect for individual preference. In this session Joan will explore strategies for CNA's and CMA's for promoting independence while providing necessary support and assistance to residents.
- 9:40 – 10:30 **Understanding Survey; Intro to Regs - Dawne Altis, KDADS**
It can feel stressful when your community is being surveyed by the state (KDADS). In this session Dawne Altis from KDADS will cover what surveyors are looking for when they are there and how as a CNA or CMA you can best interact with a survey team. Dawne will discuss what you need to know about the regulatory process including: what a 2567 is, what scope and severity means, and how often you can expect to see a survey team in your community.
- 10:30-10:45 Break
- 10:45 – 11:30 **Ensuring Safety and Security in Assisted Living Environments - Joan Hudson and Jen Bolyard**
In this session, Joan Hudson and Jen Bolyard will discuss identifying potential hazards in our communities and addressing them to enhance the well-being of our residents. You will gain valuable insights and practical tips to promote a safe and thriving community for all. Topics of discussion include Falls, Skin, ANE, Weight, Tube Feeding, Glucometers, Competency, Catheters and Infection Control
- 11:30 – 12:30 Lunch – Provided
- 12:30 – 1:30 **Navigating Challenging Personalities - Christine Jordan**
This session with Christine Jordan LMSW is about equipping assisted living CNA's and CMA's with effective strategies for managing challenging personalities. Working with elderly residents, their families can all present various challenges. In this session, we will explore practical techniques and approaches to enhance communication, foster empathy, and promote positive interactions the people we work with every day (and their personalities)
- 1:30-2:30 **See Something, Say Something: Fraud, Waste & Abuse in Healthcare - Lauren Wolf, Aetna**
What do you do if you find yourself aware of a resident being abused/neglected or someone asks you to falsify documentation/charting? What do you do if you feel your resident is in danger? As the Certified Nurse Aide or Certified Medication Aide, you have a direct line of sight into everyday events at the facility. This presentation will cover how to handle ethical and legal challenges that arise.
- 2:30 – 2:45 Break
- 2:45- 3:45 **Effective Orientation - Kasey Breidenthal**
What is your responsibility as a learner? This session will teach you about being an effective orientee and your right and responsibility as a learner to ask questions. Providing quality care to our residents is effectively achieved by being an empowered learner. It helps you to do what's best for the residents because you asked questions when you were a new hire. Kasey will also cover your role and responsibility with other new hires.
- 3:45-4:00 Final Q & A, prize drawings and Wrap Up



CE's will not be provided for this event, however Certificates of attendance will be given to participants who attend.

Fees and Registration:

Register at www.khca.org and click on education. Please call or email KHCA/KCAL at 785-267-6003 khca@khca.org with questions regarding this class.

Early Bird Registration available until end of day July 18th, 2024:

KHCA/KCAL Member	\$69 per person
Non-Member	\$139 per person

After July 18th, 2024:

KHCA/KCAL Member	\$89 per person
Non-Member	\$159 per person

KHCA/KCAL members have the benefit to be invoiced for the cost of the course. Payment via Credit Card is available as well. Registration can be found at www.khca.org/education.

Cancellations Policy

When written noticed is received at least 5 days prior to the course/event a refund will be given minus an administrative fee of 25% unless otherwise noted. Attendee substitutions are permitted.

Cancellations made within 48 hours of the in-person event will NOT receive a refund. An attendee substitution is recommended.

Dress: Please Bring a Sweater or Jacket.

Participants are encouraged to dress comfortably - casual attire is appropriate. We recommend that participants dress in layers, as room temperatures at facilities vary. Provided nametag should be worn for the entire course. KHCA/KCAL will make reasonable efforts to make our events accessible to persons with disabilities. *To request accommodations relating to a disability, please contact us at 785-267-6003 at least ten days prior to the event.*

Recording & Cell Phones

Material presented at this education program is the property of the speaker and Kansas Health Care Association/Kansas Center for Assisted Living. Therefore, recording the program is not allowed. KHCA/KCAL also asks that all cellular phones be turned to silent during education programs.



Register online by going to www.khca.org and clicking "Education"